

團名：南伊利諾 出團日期：2015/ 7 姓名：沈O穎

中文心得：

一開始本來在猶豫要不要參加學海，因為怕耽誤到學校迎新活動準備。不過後來還是決定報參加，一開始還沒有收到學海講座的通知訊息，差點錯過了選國家的時間，我的第一志願是美國，理由很簡單，因為可以去看棒球我還沒在現場看過棒球所以這是我期待的活動。當我們在期待前往美國的時間美國簽證卻發生了問題，全球美簽都得延期申請，那時讓我超緊張的怕這次失去美國的機會，還好最後有在出發期限內拿到簽證。在AIT面試時非常的緊張，怕工作人員太兇或者太刁難，幸好遇到的面試官人很好，問的問題都是事前有先想過的。再出發的前一晚我和一位我們系上的學長一起住在也是一起參加學海的學姊家，這樣隔天可以依同前往機場比較方便也可以互相照顧，這一晚沒有太多期待，晚上很早就睡了。第二天到了機場老師和旅行社的人都已經在那邊點名了，老師和旅行社的人做最後的提醒然後就出發前往美國了。我們先搭一個半小時的飛機到香港轉機，我們在香港停留了大概兩個多小時，接著才又飛到芝加哥，可能是昨晚很早睡加上來香港的飛機上又睡了一下，我在到芝加哥的航程中幾乎沒有睡覺，都是看電影小說和吃東西度過，到了芝加哥機場發覺芝加哥機場真的好大啊。因為我們要轉飛美國國內線到聖路易，必須要先入關拿行李後又要在拖運一次，實在有夠麻煩，美國安檢也特別嚴格，檢查行李還要脫鞋和搜身，不過運氣很好的沒有被刁難。在芝加哥又是無盡的等待，最後到聖路易太陽都已經下山了，到美國當天剛好是七月四號，也是美國的國慶日到處都在放煙火，真是讓人覺得美不勝收。

第一件最重要的事當然是住宿方面，這可是我們未來要住一個月的地方。我們住的地方是叫Ambassador Hall裡面住的幾乎都是和我們一樣來自世界各地的學生，有日本人、韓國人、巴西人、墨西哥人等基本上都是一人一間房間然後愈是兩個人共用，所以有時候會不小心把浴室鎖起來讓另一個人無法上廁所，房間相當寬敞一個書桌一張床還有電冰箱比學校宿舍好太多了。宿舍內還有娛樂方面有撞球桌和大電視，最酷的是他們還有春季和秋季撞球比賽冠軍會刻一個名牌掛在牆上，讓學生青史留名。如果想自己煮飯的話宿舍也有廚房可以供學生開火，各國的學生也會在這展現自己國家的美食並且和大家分享。

飲食方面，在美國的食物我個人認為是各種的極端，幾乎都是又油又鹹又辣又甜還有熱倆也是相當的高，而且在商店買食物幾乎都滿貴的，我在學校的學生餐廳吃午餐，如果要吃的很飽的花平均要

花七塊到八塊美金，相當於台幣兩百多塊，在台灣已經是我一天的飯錢了，在外面的餐廳的話都是十塊起跳，而且食物也要付稅，又要付小費，美國人也覺得他們付了雙倍的稅（double tax）。在學校附近有一家中國料理餐廳和珍珠奶茶店，聽老師說兩家都是台灣人開的，中國餐廳的料理我只吃過牛肉麵和炒麵，我覺得牛肉麵還是沒有台灣的好吃，不過炒麵倒是還不錯。珍珠奶茶方面因為食材都是台灣的所以喝起來和台灣的也一樣，加錢當然貴很多，不過能在國外喝到家鄉味心裡還是十分開心。

語言方面，在美國可以聽到世界各式各樣的口音，原本以為聽過英式英文和西班牙腔的英文的我可以很快適應其他人的口音。但是我錯了，聽到阿拉伯人很重的口音我還是要很努力地聽才能聽得懂，令我意外的是這裡的日本學生口音都有受到矯正，有的講得還比我標準。除了口音，最重要的當然還是有機會多說英文，平時在台灣沒有什麼機會練習英文，在這裡幾乎各個時候都要講英文，不管是上課、買東西、甚至是打招呼。只少買麥當勞時要會說幾號餐。還有練膽子，不要怕說錯，大家都知道我們是來學習的，即使說錯了別人會很友善的更正我們，這是在課堂中學不到的，雖然一個月的時間相當有限，不過至少我們已經比別人多了經驗了。

關於文化當然是差很大，我們附近的居民和學校的工作人員大多都很友善，還記得我第一次在學餐點餐的時候一個店員很仔細地跟我介紹其中一個食物是什麼，雖然我都聽不太懂，但是他還是很有耐心地跟我解釋，我點了那道菜時還提醒我要拿醬料，還建議我要不要搭配飲料。然後西方的人確實是比較開放的，宿舍裡的巴西人開派對事都非常的瘋狂，雖然我覺得有點過了頭。最後最讓我驚訝的是，聽當地的台灣老師說，跟美國人交朋友其實是需要有耐心的，因為美國人看似都很好客，但其實他們很注重自己的私人空間，沒有像台灣的揪團文化。

教育是最重要的一個，在語言學校當然比台灣學校學的英文扎實很多，我被分配到客最多的等級四，每天雖然只有四節課，但是其中一節有延長時間所以總課數看起來是二十三節但實際上有二十

五節，雖然別人羨慕我們可以上這麼多不同的課程，但是其實滿累的。先來說一下作文課，作文課因為被獨立出來了，所以老師可以很認真的說明作文要怎麼寫，從作文的基本結構到各種類型的作文，老師每一個都詳細的介紹和解釋，當然我們也需要練習寫作文。而且我們不像在台灣直接寫出來就行了，一開始我們要先打出大綱同學先改一次，接著才打出完整的文章，然後同學愛改一次，老師才會更正，最後要再看著老師的更正在做最後的修正，這跟台灣的教法完全不一樣，台灣的老師沒有時間在作文分配這麼多的時間，所以我學到最多的是如何寫一篇簡單的作文。再來是閱讀，這方面我本人比較弱，這裡很要求學生的理解能力，而且考試方法跟台灣比起來難一點，這裡直接考手寫題，連猜都沒得猜，我的閱讀期中考一片淒慘。不過台灣也是有優點的，我們的單字量和文法都比其他國家扎實很多，我在等級似的文法課中基本上是沒有太大的問題，相較於其他同學我在嫻單字和文法中有很大的優勢。

最後一項是我最愛的棒球啦，原本非常期待的行程是去看大聯盟比賽。結果令人有點小失望。一開始我們被帶到了當地的一個小球場，這一看就倒不是大聯盟的場地，而且Carbondale也沒有球隊啊，我原本以為是小聯盟，但是奇怪的是小聯盟應該是不用買票的啊。第二天我還很認真地查了一下資料，我在小聯盟找步道這支球隊，我後來想了一下不會是傳說中的獨立聯盟吧，結果一查，還真的是獨立聯盟中屬於邊境聯盟的一支球隊，這讓我有點哭笑不得，也許能看到獨立聯盟的比賽也是一個獨特的經驗吧！

參加這次的學海，一個月的時光過得相當充實，雖然比想像中的辛苦，但是也學到了很多事情並且交到了許多朋友，收穫除了看了現場棒球賽、學到了作文、最重要的是開曠了眼界吧，百聞不如一件，看到了台灣以外的世界，可以更了解各國各方面的差異，在美國最後的夜晚，我看著遠方的月亮領悟了一句話—國外的月亮真的沒有比較圓，但是有比較大。

Group: Illinois Date: July, 2015 Student Name: SHEN, OOO-YING

What I have learned:

Originally I hesitate to join the study abroad activity, for fear of delay to the school orientation activities to prepare. But later decided to report to participate, and initially did not receive notification messages, almost missed the time to choose the country, my first choice is the United States, the reason is very simple, because I'm not in the field of baseball ago so this is my most anticipated events. When we look to the United States at a time the United States has undergone a visa problem, had signed a global US request for an extension, then let me super nervous par the United States lost opportunity, but fortunately, there is finally starting to get a visa within the time limit. During the interview in AIT I was very nervous, afraid or too atrocious staff makes things difficult, but fortunately good people encounter the interviewer, ask questions all have first thought about beforehand. Re-start the night before we tied one of my seniors and lived in the upper years also join this activity home, so the next day you can depend with more convenient access to the airport can also take care of each other, there is not much look forward to this evening night went to bed early. The next day to the airport teachers and travel agents who have been named in the side, the teachers and travel agents who do the final reminder and then depart for the United States. Let's take a half hour flight to Hong Kong transit, we stayed for about two hours in Hong Kong, then it flew to Chicago, you may be going to bed early last night together on the plane to Hong Kong went back to sleep for a moment, and I almost no sleep in Chicago voyage, novels and movies and eating are spent , to the Chicago airport Chicago airport found really big ah. After because we want to fly to the US domestic line to St. Louis, you must first entry in hauling luggage once again, it has trouble enough, the United States is particularly strict security, but also to take off your shoes and check baggage searches, but luck is Good is not to make things difficult. Chicago is the endless waiting, and finally to St. Louis have been down the mountain the sun, to the United States that day happens to be the Fourth of July, is the US's National Day fireworks everywhere, people really feel beautiful.

The first most important thing of course is accommodation, this is our future place to live month. Where we live is called Ambassador Hall live inside us, like almost all students from all over the world, there are Japanese, Korean, Brazilian, Mexican and so basically between one room and the more two people shared, so sometimes accidentally locked bathroom on the toilet so that another person can not, quite spacious room with a bed as well as a desk Refrigerator much better than the school dormitory. There are entertainment dormitories have a pool table and a large TV, the coolest is that they also spring and autumn billiards champion a brand name will be

engraved on the wall, so that students leaving a legacy. If you want to cook your own words hostel also has a kitchen fire can be for students, students in these countries will show their country's cuisine and to share.

Diet, food in the United States I personally think that all kinds of extreme, almost all oil and salty and spicy and sweet as well as hot and son is quite high, and in the store to buy food almost always full of expensive, I was at school student restaurant for lunch, if you want to eat very full of flowers takes an average of seven to eight dollars, the equivalent of more than 200 pieces of NT in Taiwan is my meal of the day, on the outside, then all ten restaurants block off, and the food have to pay taxes, but also to pay the tip, the Americans think they pay double taxes (double tax). There is a school in the vicinity of Chinese cuisine restaurant and pearl milk tea shop, listening to the teacher, said the people of Taiwan two are open, Chinese restaurant dishes I only eat beef noodles and fried noodles, beef noodles, I still did not think Taiwan's delicious, but noodles actually pretty good. Pearl milk tea because the ingredients are all aspects of Taiwan and Taiwan so drink up too, plus a lot of money of course expensive, but can drink taste of home in a foreign country at heart is still very happy.

Language in the United States can hear a variety of accents in the world, originally I thought of listening to English and British English Spain cavities I can quickly adapt to other people's accents. But I was wrong, I heard a heavy Arab accent I still have to work very hard to listen to understand, I am surprised that a Japanese student accent here has been corrected, and some also speak standard than I am. In addition to the accent, the most important of course still have the opportunity to say in English, usually there is no chance to practice in Taiwan English, almost every time in here speak English, whether it is school, shopping, or even say hello. To say that only a few number of meals at least buy McDonald's. Also practicing courage, do not be afraid wrong, we all know that we are here to learn, even if wrong people are very friendly corrected us, this is not learned in the classroom, although a month's time is very limited, but at least We have more experience than someone else.

About cultural difference of course is great, the residents of our neighborhood and school staff mostly very friendly, still remember my first meal in school meals very careful when a clerk told me what a food is introduced which, although I do not understand the play, but he is still very patiently explained to me, I ordered a dish that reminded me Shihai bring sauces, also advised me not to mix drinks. Then the West who really is more open, dorm Brazilian partying things are very crazy, although I felt a bit too far. Finally, I am most surprised that, listen to the local Taiwanese teacher said, in fact, make friends with the Americans need to have patience, because Americans seem very hospitable, but in fact they are very focused on their

own private space, not like in Taiwan pulling group culture.

Education is the most important one, of course, a lot of schools in language school in Taiwan solid than English, I was assigned to a maximum level of four passengers, although only four classes each day, but there is one section to extend the time so the total number of class looks twenty-three but in fact there twenty-five, although others may envy us on so many different courses, but in fact full of tired. First is about the composition class, writing classes because they are independent, so the teacher can explain the composition of the town is known how to write, from the basic structure of the various types of essay writing, the teacher each detailed introduction and explanation, of course, We also need to practice writing. And we are not in a Taiwan written directly out on the line, we must first begin to play a first outline of the students changed once, and then only play the full article, and the students love to change the time, teachers will be corrected, and finally looked at the teacher again more is in final amendment, which with Taiwan's teachings completely different, Taiwanese teachers have no time allocated in writing so much time, so I learned the most is how to write a simple essay. Is read again, in this respect I am weak, it requires an understanding of where students' ability, and test method together with Taiwan more than a little difficult, here direct examination handwritten title, did not have to guess even guess, I read a miserable midterm . However, Taiwan also has the advantage of our vocabulary and grammar than the amount of solid in other countries a lot, I like grammar lessons in grade is basically not much of a problem, compared to other students I have in Tung words and grammar a great advantage.

The last one is my favorite baseball friends, had a very looking forward to the trip is to see the big league game. The result was a little disappointing. At first we were taken to a small local golf course, the look on the back is not a big league venue, and there is no team Carbondale, ah, I originally thought it was a minor league, but the strange thing is minor leagues should be not buying what. The next day I was very seriously looked at the statistics, I find trails team in the minor leagues, thought for a moment I was not the legendary independent coalition of it, the results of an investigation, really is independent league belong border alliance team, which makes me a bit dumbfounding, may be able to see an independent league game is a unique experience it!

participating in this month's time flies very full, although hard than expected, but also learned a lot of things and made a lot of friends, harvest saw the scene in addition to baseball, learned writing, the most important thing is mining horizons it, smell as good as a hundred, to see the world outside of Taiwan, can better understand the differences between countries in all aspects, in the United States last

night, I looked at the distant moon comprehend the word - foreign moon really did not more round, but there are relatively large.

團名：南伊利諾 出團日期：2015/7 姓名：于O眼

中文心得：

首先要先感謝學校給我們這個機會，參與了學海獎學金的外國遊學之旅，這真的是個非常難得的機會，讓我們有幸能夠見識除了台灣以外的國家。除了一般的語文學習外，我們還體驗了美國的生活型態、飲食風格、生態變化，以及與台灣大相逕庭的教育方式。這次的美國遊學旅程為期四週，說實在話，這時間並不長，但已足夠我們發現美國與我們土生土長的台灣的相異之處，並從中學習其優點。

第一週也就是我們出訪的第一個禮拜，當我們踏入芝加哥機場，我們就深深地震撼了，覺得從未見過如此多不同種族的人在一起，或許是我大驚小怪，但這確實是我的第一印象。在經過入關、轉航廈、搭飛機、尋找行李這一連串令人眼花撩亂的過程後，我們終於與學校的老師 Kevin 碰頭了，接下來又花了兩個小時從聖路易行車至卡本戴爾，我們再次見識到美國的廣大。經過一晚的休整後，隔天早上 Kevin 便帶我們去認識周遭環境以及我們接下來四週要去學習的所在——南伊利諾大學卡本戴爾分校，其中，我們見識了他們的圖書館以及健身房，確實是令人驚嘆於其設備之優良，並再次為美麗廣袤的校園讚嘆不已，校園內綠意盎然，植栽遍野，自成一生態圈，我們甚至還看到鹿呢！經過 Kevin 的介紹，我們總算是對學校有個大概的認識，不過接下來才是最重要的，實際體驗美國的上課模式。

不知道是因為語言學校的緣故抑或是大學的關係，當我走進班級時實在有些錯愕，原因並非其他，因為人數實在太少了，僅莫約十人左右，雖然如此，教學品質並不因此而降低，反而更藉此關係而讓老師能與同學進行個別互動。還在國內時就時有耳聞美國的學生上課時如何踴躍發言，因此我也告訴自己要勇敢些，努力發表我的意見，但在真正接觸後才真正地理解為何大家都這麼說，其他來自各地的同學——有阿拉伯或是哥倫比亞——不僅僅是主動回答問題，能看的出來他們都有事前先做好預習，因此才能快速地回應老師的提問，我認為這是我們需要學習的地方，其他部分像是教學硬體也十分完善，老師逗趣的上課方式也讓我們感到親切。

所謂鬆弛有度，雖說我們到美國是去學習的，但學校仍十分貼心地在週末時安排許多的校外活動，讓我們能更寬廣我們的視野，見到更多不同的美國文化。

第一周的週末，我們去了位於田納西州的大煙山國家公園，其中光是那九小

時的車程就讓我們疲累不堪，深深體會國家地域廣大其實也挺讓人無奈的。這個週末，我們去無節制的購物、踏青拍照、疲累但快樂地爬山、驚險刺激的泛舟還去了一個被稱作「鸚鵡山」的地方，裡面養了各式各樣的鸚鵡，不僅可以餵食，還可以讓他們站在你身上呢，這確實是挺特別的體驗。

學校安排的活動確實令人驚艷，第二週的校外活動是去位於聖路易的「六旗」遊樂園，雖然設施名稱與台灣的相同，但大小卻相差甚遠，感覺就大了一倍，連原先在台灣敢坐的雲霄飛車都因整整高了一倍的緣故而不敢坐了，但光是那龐大的園區其實也就足夠我們逛一整天，外國的遊樂園確實是值得去的地方，感謝學校的用心安排。

第三個週六，我們有個親近大自然的爬山之旅，來到一個稱作「小大峽谷步道」的森林中，沿著溪流邊蔓延而下，鞋底的紋路對於濕滑的岩石毫無阻擋之力，不時就有人因青苔而失足滑倒，雖然路途頗為辛苦，但其中的風景變換令人心曠神怡，讓我們能在異國見到與台灣原始林地相似的景象，實在令人感到開心。

至於隔天，負責照顧我們的兩位老師 Kevin 及 Rebecca 原先想安排我們到附近的一個海灘戲水，但不幸的是當天下起大雨，據說有洪水警報，因此行程就只好在眾人的嘆息中取消了。

這次的學海遊學團我們不僅得到寶貴的知識，更得到許多珍貴的記憶：學校生活與老師同學們的相處、在宿舍中與其他國家的舍友互相學習、旅遊的種種景致與文化交流、團員們的喜怒哀樂……等，這些都將成為我人生中的碑石，其中點點滴滴、密密匝匝的細節記錄其上，不可抹滅。感謝這次有這個機會，讓我能夠與這麼多人一同擁有這些美好的回憶。

Group: Illinois Date: July, 2015 Student Name: YU,000-YAN

What I have learned:

At first, I have to thanks our school for giving us this opportunity to participate in this trip. It is a rare chance for us to have the opportunity to be able to experience the culture which differs from Taiwan. In this trip, we not only have general language learning, but also experience the American lifestyle, such as eating style, ecology observing, as well as education which is very different from Taiwan. The four-week American study tour journey, tell the truth, this time is not long, but it has been enough for us to find dissimilarity between the United States and Taiwan and learn its advantages.

This is my first time to go abroad, so I felt nervous but expected. Felt nervous for scaring loose on the foreign country and take the airplane; and except for the scene and culture of the United State. When the plane took off, I prayed for safeness of this trip. We first went to Hong Kong, and their airport is so big that we cost much time to

find the correct terminal. We stayed at here for several hours then we started the trip to the USA. In the plane which when to Chicago took almost nine hours to arrive. Fortunately, there were a lot of videos and snacks in the airplane, or we will kill the long time by our selves. Though I felt dizzy and tired in the plane, we finally arrived the destination, Chicago.

The first week of our trip, when we entered the Chicago airport, we were deeply shocked that we have never seen so many people of different races together. Maybe I make a fuss, but it was my first impression. After through customs, turn Terminals, by plane, looking for dazzling luggage , we finally met the teacher, Keven, and the next we spent two hours driving from St. Louis to the Carbondale. We insight into the American's majority once again. And then we arrived the place we will live for a month, Ambassador Hall. We were separated to each room and we felt surprised that not only the cleanness of this room but also we can have our own room. In the Ambassador Hall, there is a chicken that can cook your own meal, or you can interact with other students come from the foreign countries, such as Brazil, India, or some southern America countries. By the way, we always have meals with them. We can talk about something about our own country and we can learn English incidentally. One of the most surprise things in the A-Hall is a pool table. We always discuss to play it together, and finally we succeed. Closer to home. After a night's rest, Kevin took us to get to know the surroundings and where we are going to learning, Southern Illinois University, in next morning. We saw their library and recreation center and we were surprised for its stunning equipment and the beautiful campus. In the campus, there are gross and plants in everywhere, we even saw deer! After Kevin's presentation, we finally had a general understanding about the school, but the following is the most important, experience the American class model.

when I walked into the class I felt somewhat surprised, because the number is too small. I do not know the reason why there were just little students only about ten people in class. I guess maybe it is a language schools or it is an university. Although the number of students is small, teaching quality is not reduced. Conversely, it lets the teacher interact with students individually. I had three kinds of class, Core, Granma, and Speaking And Listening. We still have to do the homework and have a lot of exams. It is so different form in Taiwan no matter in the model of teach or the langue. I couldn't understand clearly what the teacher talk about, but finally I did it. I upgraded my listening for the English. By the way, in Taiwan, the American students are famous for good at answer and ask questions, so I told myself to be brave, trying to express my views, but after the real contact with them, I understood why we are saying about it, my classmates who come from Arab and Colombian initiative to answer questions. Why they can answer those questions from teachers so fast?

Obviously, they are study hard and they are used to preview the books which teacher will teach. So that they can respond those questions quickly. I think this is what we need to learn. The other part like teaching hardware is also very perfect; teachers' funny teaching way makes us feel warm, too.

The so-called "After dinner sit a while, after supper walk a mile.", although we were going to America to study, I think proper rest was a way to increase our learning. The school was very close to plain many of the extracurricular activities scheduled on the weekend, so that we can see and learn more American cultures and the variety of scenes.

The first week of the weekend, we went to Tennessee's Great Smoky Mountains National Park. It cost nine hours' drive to go to there that let us get tired. We deeply felt a vast country is actually quite inconvenient to go to another states, because it'll spend too much time. This weekend, we had unrestrained shopping nearby the hotel, photo with scenery and other students, tired but happy climbing, rafting thrills, and went to a place called "parrot mountain", which raised a wide variety of parrots. In there, you can not only feed but also can make them stand on your shoulder or arm. This is an indeed very special experience.

Activities arranged by the school really amazing. The second weeks of school activities are located in St. Louis. We went to an amusement park named "Six Flags". Although the names of facilities were the same in Taiwan, the size is quite different. They were bigger than Taiwan's. Actually I am able to play the roller coaster in origin, but in there, I could not accept, because it was too high to play. Although I played little amusement facilities, I think the huge park will be enough for a whole day of our visit. The foreign amusement park is really worth a visit place. Thanks our school to plain the schedule diligently.

On the third Saturday, we have a closing-nature hiking trip. We visited a forest called "Little Grand Canyon trail". We walked along the river and the moss on the stone let us walk difficultly. Many students walked carefully to avoid falling down. Although the road is quite hard, the scenery made us feel surprise and wonderful, because we can see the scenes similarity with Taiwan's original woodland scene in a foreign country. I felt pleased very much.

The next day, two teachers Kevin and Rebecca who took care of us arranged a outing for us to the nearby swimming beach, but unfortunately, when we ready to go, it began to rain. Furthermore the weather prognosis said that there would have flood warnings, so the trip had to be canceled. We felt sad and pity.

In addition to the weekend trip, we also had a little special activities. Sunset concert is a good example. Sunset concert is a traditional activity in the Southern Illinois University. Teacher Rebecca introduced it to us at first and took us to take part

in it. It looked like a picnic because everybody prepared a blanket and sit on the grass. Some people even dance with those performers. Sunset concert is a funny activity and we like it, but unfortunately, it was rained. So we have to leave there. Sunset concert was one of the wonderful memories in this trip.

“Bowling Night” is a good memory, too. In the last Wednesday night, we went to the bowling alley in school with teacher Kevin and Rebecca. We played together and we were surprise about that Kevin is good at bowling. After two hours, we changed to play the pool. Everyone interested in this ball and looked happy on it.

This trip is a special experience. It's my first time go abroad. Actually, I have never gone to the airport; even more see the foreign country. So everything is novel to me. I have to thanks for my partners, because they help me a lot, such as conversation and homework. We have a lot of good memory in this trip, have fun, have sadness, have anger, and have surprise. I believe that this trip will be one of the most important events in my life. It teaches me a lot. For example, I learn that I have to be brave to face everything in my life, no matter it is good or bad. I also learn that I have to express my feeling, instead of hiding them. Finally, thanks everyone company with me.

團名：南伊利諾 出團日期：2015/ 7 姓名：吳O璋

中文心得：

從未出國過的我，在進入機場時感到十分徬徨，但也十分期待。我擔心坐在高高的飛機上會不會掉下來、擔心國外的天氣與環境我是否能適應、擔心到了美國我能否調整時差、擔心在一個以全英文交談的國度我是否可以生活... 心理各種憂慮，但仍然也蓋不住我對美國的嚮往。從小羨慕別人可以出國玩，如今我也可以出國了，真的非常開心。踏入出關門前，我和我的媽媽擁抱道別，並告訴她我會好好照顧自己，之後便與其他九位來自各系的同學們一起登機，準備前往美國。

第一站搭了一個短程飛機到達香港，看了看香港機場的環境後，沒多久我們便需搭一般長途飛機前往芝加哥。我從來沒搭過這麼久的飛機，因此在飛機上的時間我覺得很久又難熬，而且我似乎是得了經濟艙症候群，雙腿和頸部十分酸痛且覺得呼吸有點不順暢，但最後還是順利的到達了芝加哥。到芝加哥我們馬上面臨巨大的挑戰，要填寫幾乎看不懂的入境並單排長長的隊伍入境、要回答海關各式各樣的問題，還要找到行李並請人托運到我們的目的地-聖路易。所有的過程都

必須用英文來應答，這大大的考驗了我們十個人的語文能力，當下我們才發現原來自己還有很多是需要學習的。經過了重重關卡，我們還是順利搭了飛機，前往聖路易。

到了聖路易出境之後，迎接我們的是美國學校的老師 Kevin Self，他是一個熱情又大方的人。帶我們把行李都放妥在車上之後，他也給我們他準備的晚餐-三明治和一些汽水飲料，美國的三明治冷冷的，分量也很大，但是吃起來真的很好吃，與台灣的口味完全不同。在車上度過了數個鐘頭，我們才終於到了我們住宿的地方-Ambassador Hall，那是一棟美到不行的建築物，我在台灣從來沒見過如此漂亮的宿舍。然而當時已經是美國當地的午夜十二點，大家已經累到不行，因此領取了房間鑰匙就分別回各自的房間休息了。

本來是累到一躺下就可以睡著的，但見到房間的內部，我霎時精神百倍。房間是一個人住一間，浴室兩個人共用一間，有一張很柔軟的大床、一套桌椅、一些衣櫃、還有一個比人還高的冰箱。看到如此舒適又漂亮的環境，我立刻把行李箱打開，拿出行李擺設房間，讓我的房間變得更舒適更溫馨。整理完後已經是半夜兩點多，我和住在隔壁的 Nancy 說了晚安後就躺上床度過在美國的第一晚。

隔天，Kevin 帶我們認識四周的環境，包含餐廳、學校、體育場、圖書館等等，之後也帶我們到當地一間很大的超市-Walmart 添購一些食物和生活用品，也教我們如何搭公車到附近的商店街，讓我們對這兒的環境比較不陌生。幾天後我們也到 Southern Illinois University 參加托福的分級考試，結果出來我考了 510 分，分到了 level six 的班級，算是程度比較高的班。第一天上課就讓我非常震撼，第一堂課是 Core，上課用的書籍很困難，許多字對我而言非常艱澀，但我的老師 Marcela Angel 是個溫和親切的女性，他帶領我和一樣和我來自台灣的同學 Roy 一起讀，也詳細告訴我們這門課的一些注意需知。同班來自各國的同學們也很熱情，Thiago、Luanna、Joao 和 Laiith 十分照顧我們兩人，下課也帶我們認識學校環境，陪我們吃飯，讓我們兩人更融入這裡的生活。另一堂課則是 Writing，老師是 Diana Ellicoit，她是個高挑、外向、帥氣且講話聲音很 man 的女性，上課也非常的幽默風趣，但課程內容是要寫研究論文，對我而言是一個極大的挑戰。從未接觸過寫論文，何況還是要用英文寫，一開始讓我非常頭痛，後來在多次與 Diana 溝通學習且努力過後，我順利完成了論文。

平日都是要上課的時間，只有每個星期五至星期日是自由的時間，其中六日學校偶爾會安排一些旅遊行程。最令我難忘的兩個是：Gatlinburg 和 Six Flags。Gatlinburg 是一個小小的城市，我們傍晚在飯店過夜，早上則去附近的山林看風景。其中有一個行程是泛舟，到了泛舟地點本來興高采烈的要準備上船，不料一隻蜜蜂突然飛來螫了我一下，我當下痛的昏倒，被眾人抬到樹蔭下擦藥休息。因為這個小意外讓我不能參加泛舟活動，是我覺得最大的遺憾。到了晚上回到飯店後，其他台灣的同學怕我滿懷遺憾，我們便集結到了飯店外的小街逛逛。Gatlinburg 的小街就像台灣的夜市，但是他們環境很乾淨，地上都沒有垃圾，而且許多商店都是我沒見過的。其中，最吸引我的就是 Hunting house，那是一個小鬼屋，

我們本來打算逛完了街之後來個鬼屋大冒險，但後來我又因傷口疼痛被送回飯店了。雖然這個旅程我多半因為受傷在休息，但我看到了許多不同於台灣的美景，體驗了許多不同文化，也買了很多精緻可愛的紀念品，我十分的滿足。第二個行程是 Six Flags，那是美國一座很大的遊樂園，整個園內有十個雲霄飛車，還有許多其他設施。到了園內之後，我與 Zac、Roy 和 Allen 同行，有趣的是，Roy 有懼高症，而我們的小隊長 Zac 是個天不怕地不怕又愛冒險的男孩，在討論第一個設施做雲霄飛車的時候，Roy 堅決反對，Zac 則是興奮到不行。幾分鐘後，在我和 Zac 的哄騙之下，Roy 還是和我們乖乖上車。我無法形容在上面的感覺，坐完之後，我只覺得很爽快，Roy 則是哭喪著臉罵我們騙他，大家被逗得都笑了。之後我們也嘗試了很多不同的遊樂設施，也去了遊樂園內的餐廳吃 pizza。美國的 pizza 很大，上面沾滿了起司，聞起來很香吃起來也非常美味。在快離開之前，我們也逛了許多商店買了很多紀念品，我最得意的戰利品是一頂鮭魚帽子，朋友形容我戴起來的模樣非常逗趣也很可愛，我也很喜歡這頂帽子。要離開遊樂園大家真的都很捨不得，拍了許多紀念照留念後我們才肯離去。

往後幾周因為學校課程的作業繁多，有一周去爬山的行程我便沒有參與，但我也找了時間和大家搭了公車去逛逛當地的書局和百貨公司，因為來美國最重要的當然還是 shopping，我也替自己和朋友買了許多衣物和紀念品。漸漸習慣這裡的生活後，最讓我感覺美國和台灣的不同之處主要有飲食、教育和交通文化。美國的食物偏重口味、偏鹹且熱量較高，也比較少蔬菜，因此讓我便秘了幾天。教育方面台灣的學生上課都是一味聽老師講解，但在美國老師則喜歡與學生互動，常問學生的想法和意見，要求學生嘗試表達，這會更加激進我們的想像力。交通方面則是美國人開車都十分禮讓行人，但在台灣許多車主都不讓行人，總是橫衝直撞，因此車禍率也較高。來到這個一個月，要說的東西太多太多，親自去體驗一回，才能感受到美國的美好。這兒什麼都很棒，我覺得比較可惜的是課程有點太過密集，讓我們出去逛逛的時間壓縮了不少。但這裡的人都親切、友善，讓我就像在自己家一樣，很想一輩子就待在這美好的國度。但事實殘酷，過了一個月後，我們終究要回到台灣。離別前我記得我的淚水沒有停過，捨不得這美好的一切，未來我真誠的希望我可以再次來到這見這群熱情的好朋友與師長，與他們重逢。

Group: Illinois Date: July, 2015 Student Name: WU, OO-CHANG

What I have learned:

I had never been abroad, when entering the airport was very anxious, but also very much look forward. I am worried that will not fall on a plane to sit tall, worried foreign weather and the environment if I can adapt to the United States to worry about whether I adjust the time difference, fear of talking in English in a country I could live. ... various psychological concerns, but I still cannot cover the longing for America. Grew envious people can go abroad to play, and now I can go abroad, really very happy. Before entering a closed, me and my mom hug goodbye and told her I'd take care of yourself, after they check with nine other students from the faculties, ready to go to the United States.

Take the first leg of a short-range aircraft to Hong Kong, Hong Kong airport and looked after environment, not long we need to take general long-haul aircraft to Chicago. I have never had such a long plane ride, so the time on the plane, I think long and tough, but I seem to be afflicted with economy class syndrome, legs and neck is very sore and feel a little breathing is not smooth, but finally smooth He arrived in Chicago. To Chicago, we immediately face enormous challenges teams to fill almost do not understand the immigration entry and single-platoon long to answer a wide range of customs issues, but also to find people checked baggage and proceed to our destination - St. Louis. All processes must be in English to answer, which greatly tested our ten language proficiency, the moment we found out that he still has a lot is to learn. After a series of hurdles, we still successfully take the plane, went to St. Louis.

St. Louis after the exit, to meet our American school teacher Kevin Self, he is a warm and generous person. We have put the luggage belt properly after the car, he also gave us his dinner ready - sandwiches and a few soft drinks, cold sandwiches America, the component is also great, but tastes really good to eat, and Taiwan completely different tastes. Spent in the car several hours, we finally reached our place to stay -Ambassador Hall, it was housed in the United States to not building, I have never seen such a beautiful hostel in Taiwan. However, the United States was already the local midnight, we have tired to not work, and therefore receive a room key on each back to their room to rest.

Originally tired to lie down on it to sleep, but to see the interior of the room, I instantly the spirit of times. The room was a live one, bathroom two people sharing a room, with a very soft bed, a table and chairs, some of the wardrobe, there is a higher than people's refrigerators. See so comfortable and beautiful environment, I immediately opened the trunk, took out luggage room furnishings, make my room more comfortable and more warm. After finishing has been more than two midnight, I live next door to Nancy and say goodnight after lying in bed for the first night spent in the United States.

The next day, Kevin took us to recognize the surrounding environment, including restaurants, schools, stadiums, libraries, etc., and then also took us to a great local supermarket -Walmart to purchase some food and daily necessities, but also teach us how to ride the bus to the nearby mall, let us here environment is not unfamiliar. A few days later we have to Southern Illinois University hierarchical TOEFL exam results came out that I had 510 points, assigned to level six classes, regarded as a relatively high degree of class. The first day of class, let me very shocked, first class is Core, books used in class is very difficult, many very abstruse words for me, but my teacher Marcela Angel is a gentle kind of woman, as he led me and and my classmates from Taiwan Roy read together, also specifically tell us this course some attention Notes. Classmates from various countries is also very warm, Thiago, Luanna, Joao and Laith great care of us both, the class also took us to recognize that the school environment, to accompany us to dinner, let us both more integrated into life here.

Another lesson is the Writing, teacher Diana Ellicoit, she is a tall, outgoing, handsome and speech sounds very man woman, school is also very humorous, but the course content is to write research papers, for me, is a great It challenges. Never touched writing papers, not to mention or use English to write, at the beginning so I am very headache, and later after repeated communication with Diana learning and effort, I successfully completed the papers.

Weekdays are to class time, only every Friday to Sunday is free time, which six days school occasionally arrange some tours. Two of my most memorable: Gatlinburg and Six Flags. Gatlinburg is a small city, we are in the evening at the hotel overnight and in the morning went to the nearby mountains to see the scenery. There is a trip is rafting, boating locations have been elated to be ready on board, but, suddenly flew a bee stung me, my pain, fainting moment, carried by everyone Cayao rest under the shade. Because of this small accident so I can not participate in boating activities, I think the biggest regret. In the evening back to the hotel after the other Taiwanese students afraid I am full of regret that we have assembled to the street outside the hotel around. Gatlinburg's street night markets like Taiwan, but they are very clean environment, no trash on the ground, and many shops are all I have not seen before. One of the most appealing to me is the Hunting house, it was a little haunted house, we had intended to walk around later a Grabbed by the Ghoulies street, but then I was sent back to the hotel because of the pain of the wound. Although this journey because I probably injured at rest, but I see a lot different from Taiwan's beautiful scenery and experience many different cultures, but also buy a lot of delicate and lovely souvenirs, I am very satisfied. The second trip is Six Flags, it is the United States a big amusement park, roller coaster ten whole park, and many other facilities. To the park, I and Zac, Roy and Allen peers, it is interesting, Roy has a fear of heights, and our captain Zac is a fearless and adventurous boy, in a discussion of the first facilities to do roller coaster time, Roy firmly opposed, Zac is excited to not. After a few minutes, and Zac's under my trick, Roy is still on the train and we obediently. I can not describe the feeling of the above, then end up, I speak very refreshing, Roy is a long face scolded us lie to him, everyone was amused laugh. Then we also tried a lot of different rides, also went to amusement park restaurant eating pizza. American pizza great, top covered with cheese, smells tastes very delicious. Get out before we visited the many shops to buy a lot of souvenirs, I am most proud of the trophy is a top hat squid, friends describe me wear look very funny and very cute, and I really like this hat. I really want to leave the amusement park are very reluctant, took a commemorative photo taken after a lot of us before they agree to leave.

A few weeks later because the job of many school curricula, there is a week to go hiking trip I will not participate, but I also find the time, and we take a bus to go around the local bookstores and department stores, because the most important, of course, to the United States or shopping, I have for myself and a friend bought a lot of clothes and souvenirs. After getting used to life here, most made me feel different from the United States and Taiwan are

mainly food, education, and transportation culture. US emphasis on food taste, salty and high-calorie, relatively few vegetables, so let me constipated for a few days. Taiwan's education class, the students are geared to listening to the teacher to explain, but in the American teachers prefer to interact with students often ask students to ideas and opinions, ask students to try to express, which will be more aggressive in our imagination. Americans drive transportation is very courteous to pedestrians, but in Taiwan many owners do not allow pedestrians, always rampage, so the accident rate is higher. I came this month, too many things to say, to go and experience a return to the United States for a better feel. What are great here, I feel more pity that the course a little too dense, let us hang out a lot of time compression. But people here are warm, friendly, let me just make yourself at home and would like to stay in this beautiful life of the country. But the cruel fact, a month later, we will eventually be returned to Taiwan. I remember before parting tears have not stopped, could not bear all this beautiful future I sincerely hope I can come again to see this group of enthusiastic friends and teachers.

團名：南伊利諾

出團日期：2015/ 7

姓名：李 O 諺

中文心得：

首先，要先感謝義守大學提供的「學海獎助學金」，讓我這個非常嚮往國外生活的小小台灣人能夠實現我的遊學夢想，也讓我自己有這個機會可以大量接觸英文和訓練與外國人用英文溝通的膽量。

〈行前準備〉

學校會先找一天帶我們美國團的學生一起到台北的 AIT 辦理美國簽證。再前往台北辦理簽證之前，我們要先上網填表格，填完之後，需要線上刷美金 200 元的 Service Fee，之後就可以等學校安排時間上台北了。由於我們這團剛好遇到美國國務院電腦上的系統出現問題，導致我們安排要去台北的日子一直延誤，直到出發去美國的前四天，才能上台北去辦理簽證。在這期間，大家都坐立難安，非常擔心有關於辦理美國簽證的事情。

至於在辦理美國簽證時，如果面試官問你中文就用中文回答，如果是問你英文就用英文回答就可以了，不須太過於緊張。在面試時，面試官是用英文問我的，面試官問我：現在就讀哪間大學？什麼時候畢業？甚麼時候去美國？待幾天？。基本上問的都是很基本的問題。

由於這次的旅行沒有老師的陪伴，所以都要靠我們大家互相彼此照顧。從入境、轉機、出境，這幾個複雜的例行公事，讓我們大家都忙得暈頭轉向，也非常的耗精神，其實也不需要擔心轉機的問題，只要有基本英文能力都可以應付得來，然後也可以問機場裡的地勤人員。上飛機之前，大家可以帶一件薄的外套放在

隨身行李，因為在飛機上可能會有點冷。

〈食〉

「食」這個部分，三餐要我們自己處理，這部分學校有補助每一個人 420 美元。提醒各位，自己可以從台灣帶一些食物過來，例如泡麵之類的，因為美國的食物跟台灣很不樣，美國的食物很多都很鹹或很甜，然後很多又是類似速食，例如，披薩，漢堡，薯條。到了第二天，Kevan 老師會帶我們去 WalMart 買一些東西，包括食物，水果，日常用品，例如：洗髮精，沐浴乳之類的。因為超市裡面的東西都很便宜，所以我們大家買了非常多的東西，尤其美國的水果非常便宜，所以我們也買了非常多。在宿舍裡，因為是共用廚房，所以我們遇到非常多從不同國家來的學生，他們每個人都非常的好，只要我們有疑問或者想聊天，都可以主動找他們，也可以與他們分享菜餚，然後也可以順便練習自己的英文口說。在學校裡，也有賣吃的，例如，麥當勞，subway，和一些食物，只是有點貴而已，如果有空的話，其實也可以自己在宿舍準備中餐帶去學校。另外，學校以外的地方也有很多餐廳，不過真的是有點貴，一餐都要 10 美金以上，。

〈住〉

「住」這個部分，由於我們是住在學校附近的宿舍，所以走路大概 15 分鐘左右就可以到學校了。關於宿舍，是一人一間房間，但是會跟另外一個人共用浴室，通常都是自己團的同學，而且房間裡一人有一個冰箱，非常方便。這此建議大家最好在有 Kevan 老師帶大家去 WalMart 的那天時買多一點的食物，不然之後要去 WalMart 會很不方便。

〈行〉

「行」這個部分，由於我們是住在學校附近的宿舍，走路大概 15 分鐘左右就可以到學校了，所以不需要什麼交通工具。不過，如果有要去其他地方的話，一定要有車，因為非常遠。由於我們沒有車只好坐公車去其他地方，但是公車一小時只有一班，而且坐公車也非常耗時，以離宿舍最近的公車站牌到 WalMart 也需要一個小時的車程，不過如果有認識的朋友有車的話，WalMart 一下子就到了。至於公車坐一次要一美金，不過學校會給我們每個人一張學生證，只要用學生證刷卡，公車就可以免費坐，做到哪都可以。

〈育〉

「育」這個部分，到學校的第一天，學校會要我們考老托福，老托福意思是只考聽力與閱讀。另外，書籍費的錢，會依照自己被分到的班級而有價錢上的差別，例如有些班級需要多買幾本書之類的。然而，今年我們這團有十個人，其中就有五個人被分班到 Level six，上課的內容實在有點難，而且美國學校注重的學習技巧，台灣學校幾乎沒有教，所以上起來會非常吃力，而且我們今年是中途加入班級，第二天上課就馬上期中考，由於前面的課程內容沒上到，成績非常難看，不過也不太需要擔心，老師不會算分。在此給個建議，如果想要利用這短短的一個月讓自己英文能力突飛猛進，就盡力考 Level five 以上，保證可以學習到很多東西，因為大部分時間都在上課，上完課有一大堆的作業要做。如果想要

利用這短短的一個月好好體驗美國生活的話，最好考到 Level four 以下，比較有多一些時間可以好好體驗美國生活，當然，如果自己本身是英文能力好一點的，在 Level four 以下可能就學不到東西了。當然，我個人是覺得好好的學英文，畢竟是在只能說英文的環境上生活，而且在那邊學到的東西，回國之後是很難學的到的。

〈樂〉

「樂」這個部分，南伊利諾學校會在每周末舉辦一些活動，活動都是看個人要不要參加都可以，不過還是建議都參加！另外，有些活動需要自行負擔一部份的錢，我們這次最貴的也只付了 100 美元而已。

我們第一個禮拜去 Gatlinburg 和 Smoky mountain，路程約九個小時。在這趟旅程，我們有去泛舟，也有去 Parrot Mountain 與鸚鵡近距離接觸。最值得懷念的是泛舟，由於自己本身沒有泛舟的經驗，所以非常興奮，整趟泛舟的時間約 2 小時，還記得泛舟到一個比較平穩又大的河流，我們還直接跳下水裡，這個經驗真的非常特別。

第二個周末，我們是去 Six Flags 遊樂園，這個遊樂園充滿著看起來非常恐怖又刺激的雲霄飛車，由於我個人很喜歡坐雲霄飛車，所以嘗試了很多種不一樣的，例如最恐怖的就是，有一個雲霄飛車有 90 度軌道與轉來轉去的軌道。另外，在這遊樂園裡面，因為是夏天，所以有開放水上遊樂設施，建議想要玩水的可以多帶衣服或者是泳衣。

第三個周末，我們是去健行，由於下了好幾天的雨，健行的路有點不太好走，所以我們繞別條路，這條另外的路走起來更像是在健行，因為我們再小峽谷中爬上爬下，而且石頭非常潮濕，所以一不小心就會滑倒，大家非常小心，而且這條另外的路，平常可能不會有太多人走，所以路上看到了很多生物包括蚊子、蜘蛛、蛇與一堆青蛙，由於這條路實在特別，每走一段路都要穿越樹叢，而且路上一堆爛泥，大家的鞋子與褲子都慘不忍睹，不過這個經驗非常特別，建議想嘗試不一樣的人，可以試試看。

在這短短的一個月，自己學到非常多的東西，也交到了許多外國朋友，而且帶隊的 SIU 老師都對大家非常好，也很照顧我們，與其說他們是老師不如說他們是朋友。建議大家來這邊可以試著每次一說話都是說英文，像是在跟自己團裡的同學說話也可以盡可能說英文，這樣如果遇到不會講的英文，也可以用中文問。因為好不容易來到一個只能說英文的環境，大家要好好利用這個機會，不然回國之後，大家當然都是說中文了，而且口說這種東西，幾天不練習一定會退步。

Group: Illinois Date: July, 2015 Student Name: LEE,OOO-YEN

What I have learned:

First of all, I want to say thank you to I-Shou University because of providing the

scholarship. This scholarship gave me the chance to go to study abroad and train my English speaking. Thanks for the scholarship, I can studying and traveling at the same time in American.

<Preparation>

First, The school will arrange the time for us to go to Taipei AIT to get the visa. Before going to Taipei AIT, we need to go online and fill out the visa forms. After finish the forms, we need to use credit card to pay Service Free which is 200 US dollars. Then, all we have to do is wait for the school's announcement. Due to the problems of United States Department of State, the day we need to go to Taipei AIT has been delayed until the four days before we need to go to America. During this time, everyone was very worry about whether we can go to America on time or not.

As for the interview, if the interviewer asks you questions in Chinese, then you answer in Chinese. If the interviewer asks you questions in English, then you answer in English. Don't need to over-worry about it. During the interview, the interviewer asked me: What university are you studying? When will you graduate? When will you go to American? How long will you stay in America? Basically, all of the questions were every basic. Therefore, don't be too worry about the interview. Just stay calm.

There was no any teacher being by our side, so we needed to care for each other. From arrival, transfer and departure, those complex routine made us exhausted. However, don't be so worry about this, if you know some basic English vocabularies, you can understand and know the processes for boarding. Off course, you can ask somebody to help you. Before boarding, you can bring jacket with you, because it is a little bit cold on the airplane.

<Dieting>

For this part, we need to take care of our food, which means we need to pay our own food, but the school provided each of us 420 US dollars. Also, you can bring some Taiwanese food such as instant noodle, because the food in America and the food in Taiwan is totally different. Most of the food in America is salty and sweet. There are many foods just like fast food. For example, hamburger, pizza and French fries. In the second day, teacher Kevan took us to WalMart to buy something including, shampoo, fruit, food, commodity. Because of the price are very low, all of us bought so many things, especially the fruit. In the dormitory, because it is public kitchen, we met so many people who came from different countries. All of them are very kind. If you have some questions, you can ask them. Also, if you want to share you dishes to them, you can share with them. Then, you can practice your English speaking by talking with them. In school, there are many foods you can buy, such as MacDonaldd and subway, yet the price is much high. If you have free time, you can prepare the lunch while you are in the dormitory. Also, outside the school, there are

many restaurants, but the food is much expensive. However, if you really want to try other country's food such as Brazilian food, you can go and try. By the way, you can also find the Chinese food there. But, for me, I won't try Chinese food because after you coming back home, you can try Chinese food as much as you can. Therefore, I would like to try other country's food as much as I can.

<Accommodation>

In this part, we lived in the dormitory which is near the school. By walking to school, it takes 15 minutes. About the dormitory, each person for one room and two people shared one bathroom. Mostly, you may share you bathroom with your group member. Also, each room has one refrigerator. It is very convenient. In this dorm, you can see there are so many foreigners who come from Mexico, Brazil or Japan. Therefore, you can try to talk with them. Also, you can practice your English speaking because the only language you and them can understand is English. Don't worry their English ability is very good, so you can feel free to ask them questions about the English. Don't be shy because you may lose many opportunities of talking with them.

<Transportation>

In this part, we lived in the dormitory which is near the school. It only takes 15 minutes, so there is no need to take any transportation to the school. However, if you want to go somewhere else, you must have a car. If you know the people who have car, then you can ask them to take you to anywhere you want to go. Beside, you can take the bus to everywhere, but the bus comes once an hour. It takes so much time when taking the bus to other place. The school will give you the student card, if you use card you can take the bus free.

<Education>

In this part, the first day when you go to school, the school will ask you to take TOFEL which is only about reading, listening and writing. According to you TOFEL score, you will be separated in different class. The books you need to but pertain to which class you are in. This year, our ten people group, there were five people in the level 6 class. We all agreed that what the teacher taught was difficult to us. The education in America focuses on thinking. It's very different from the education in Taiwan. In addition, the day when we joined the class, we had a midterm exam. The scope of exam which we haven't learned before were difficult. As a result, we all got a bad grade, but the teacher didn't take it serious. Here are some suggestions. First, if you really want to improve your English, you can try your best to get into a higher level. It would be very effective for improving because you spend most of time preparing and doing your homework. Second, if you want to enjoy the time when you are in America, you can get into the lower level. Of course, in my opinion, this is the best chance to learn and improve your English, so do not waste your time to do

something you can do in Taiwan. After all, you are in the America and you can cherish this opportunity to learn English, especially speaking.

< Recreation >

In this part, SIU will arrange some activities on each weekend. The activity is optional. In my view, I suggest that you should participate all of the activities. In addition, some of the activities you need to pay extra money, but, believe me, it is worthy.

The first weekend, we went to Gatlinburg and Smoky mountain, it took nine hours to get there. In the trip, we also went whitewater rafting and went to Parrot mountain to see some parrots. The most memorable memory is whitewater rafting because this is something I have never done before. It took two hours to finish the rafting. I remember I also jumped into the water while we were rafting.

The second weekend, we went to SixFlags amusement park. In the amusement park, it has so many roller coasters. For me I like to take roller coaster, so I tried as many roller coasters as I could. Also, in this amusement park, because of the summer, it offers water park. Therefore, if you want to go to water park, you can bring your swimwear with you.

The third weekend, we went to go hiking. Due to the rain, the path was hard to hike. Therefore, we changed the path. This path was more difficult than the original path because we had to climb up and down. Furthermore, the rocks were very wet, we had to be careful when we were hiking. On the path, we saw many creatures such as frogs, snakes and spiders. For me, this experience is very precious.

In conclusion, in this one month, I really learned so many things and made so many friends. Also, the teachers in SIU are always being kind to us. They are not so much a teacher as a friend.

I suggest that you can try to speak in English as much as you can with your group members. If you come across the words you don't know, you can at least ask the questions in Chinese. Because you are in the America and all of the people only speak English. Why not you can try your best to speak English? I believe it is a very good chance for you to improve and practice your English. Don't waste this good chance.

團名：南伊利諾 出團日期：2015/ 7 姓名：陳O縈

中文心得：

搭了將近 20 小時的飛機，一開始很開心，但因為一直維持坐姿坐到後來真

點有點不舒服，且超冷!!!! 最後還跟空姐多要了條毯子。吃飯睡覺看影片，一直是白天，早已無法分辨確切時間了。下飛機後，終於踏入美國了，全英環境開始了，都聽不懂，一行人迷迷糊糊花了很久的時間才寫完入境單，還以為空姐發的是服務意見調查。美國海關雖然很有點複雜，但其實沒想像中的難搞，拿筆電脫鞋子脫外套清空口袋身體觸碰檢查，還因聽不懂海關到底在說什麼，以為可以走了，她趕緊拉住我後繼續檢查，鞋都來不及穿就拿著所以行李到一旁椅子後再慢慢恢復原狀，拍了一些照逛了些店，都很貴所以走馬看花的路過，入境後再轉搭國內線，機場外一片荒涼，搭像捷運的工具去登機門，小迷路後還是順利到達了，下了飛機，等了一下行李，廣播了當地學校負責人 KEVEN，不久後他就來了，一個看起來很和藹的大叔。等車時才知道當日是美國國慶日，其實想參與國慶活動，但時間上實在是不允許，雖然有點可惜，所幸路途中還是有看到一些煙火，也算是有感受到一點國慶氣氛了。

在美國約一星期後，漸漸地適應每次開口說話都是英文版的日子，在與托福課代課老師談完後，因為那次上課全班只有我和另一位台灣同學出席，老師很親切的問我們想要加強甚麼，我們接毫不猶豫地說想加強聽力和口說，老師也很民主的接受我們的意見和我們練習了起來，她自己說她覺得亞洲學生不太需要加強寫作能力，聽到這句話內心有點受到鼓勵，我們談了如何打招呼、針對不同熟識度朋友的各種打招呼方式、興趣、科系、最愛的音樂電影、以及如何與人持續的深入交談，而不再因為語言的隔閡而導致每次和人們對話接僅止於打招呼，但後來發現，其實自己無法和人長談的原因仍有一點，就是不太會和人談天，我想這不僅只於是語言的隔閡，有部分原因也是因為自己缺乏與人輕鬆談天的技巧。在美國遇到每個新朋友時，可能因為大家的身分都是學生吧，最常被問與問人的其中一個問題就是你是讀什麼科系的，每當我回答「職能治療」時，大家下一句一定是說”What’ s that? “ 我就必須用英文解釋，天啊，用中文我都不一定解釋得清楚了，還要用英文! ? 每次都只能盡量得去形容我們的工作內容，幫助一些失能的病人，當下都會後悔當初沒好好讀英文版的職治導論，為了向其他人介紹職治的東西，興起了未來讀書時想唸英文版教科書的動機，深深的體悟到，如果只會中文，那麼你可接觸認識的人將被大大的縮小範圍，無法與其他不會中文的人們認識與進一步交流，要想介紹自己的職業或相關的一切給更多世界各國的人認識，我因而有了非常強烈且具體的學英文動機!

在美國的這一個月，我明顯的發現自己的英文能力在聽與說方面都明顯的進步，體認到學語言真的是要多開口說與要有說的必要才能進步的快，想想現在也 19 歲了，與自己同齡的同班巴西帥哥同學卻以自習的方式已學會了多種語言，包含英文和德文，問他如何辦到的，他說他只花了 4 年大量的讓自己接觸英文，當志工教人家英文、看英文電影、聽英文歌曲，說起話來都像是 native speaker，自己 10 年前在學英文時想像自己 10 後英文也可以呱呱叫，但卻約略了語言進步

不是隨著時間的遷移而會自行增加，關鍵是這其中努力的時間積累。期許自己回台灣後仍繼續以 cesl 老師教導的學英文方式繼續練習，等下次在回到美國時，可以變成一個像 native speaker 的人！

另一個聊天常聊到的問題是喜歡的電影，我常說我喜歡武打動作片類的，別人接著問例如哪一部電影呢？我就會說不出來了，因為沒記該電影的英文名字，但其實用中文也說不出來，因為自己看電影都不會記名字的，單純因為劇情或想學英文而看，看來之後看電影也該記記電影的中英名稱了，如此未來再聊到這個話題才能和人有話題聊嘛！

每周兩次的托福課程雖然我只去上過一次，其他時間不是再趕前一天沒做的作業就是睡到來不及上課，走在路上還有同學問我為何沒再去上課？都有點心虛，也有點後悔為何沒更積極的去學校學習。即使如此，那唯一一堂的托福課程（其實是聽說一對二專門教學）也讓我學到非常豐富有受用無窮的東西。老師說要想和人除了噓寒問暖外更加深入的談話，必須要聽清楚人家在說什麼，問問關於別人事務，一開始重心要放在別人身上，不要一直想說自己的事，從別人那裏獲取資訊後，要抓著這個資訊繼續問下去，而不能只是聽過就算了，那會讓你們的對話結束在對方的回答後，例如：問別人是讀什麼科系的？人家回答農業經濟。你就可以接著問：你為什麼選讀這個科系？是興趣還是有其他原因？那是在讀什麼的？這個科系帶給你最大收穫與快樂是什麼？人家再回答：對阿是興趣。就可再問那你是如何發現自己有這個興趣的？動機是什麼？如此一來一往就可確保你們的對話可以延長許多。我發現接續對話這項技巧用在與任何人相處上都行的通，有時在國內和同學聊天時，不是因為語言隔閡，而是不太知道如何與人聊天，常常人家開頭一句話，自己就會不自覺地說到自己也是怎樣，有點主觀的只想到自己，想說自己的事，因而忽略了傾聽的重要性。有了托福老師的教導，現在正漸漸的在改善自己這部分的缺失。

正式上課時，好在前天有做一些功課，討論時還可以回答一些問題，瞬間覺得用英文去翻譯英文才是王道啊！發現用英翻中的話也沒用，因為班上沒人聽得懂中文阿！又瞬間愛上英翻英字典了！！它讓我可以回答同學和老師的問題，真心覺得語言真的是有需求才會進步。小組討論時大家都很活躍，今天終於見識到一點什麼是美式教育了，我和來自沙烏地阿拉伯和韓國的同學互相討論，探討環境議題，唉！這明明是我的強項，基因轉殖技術用中文說的話可以說一堆，但偏偏要用英文阿，只能說很簡單的東西，捶心肝阿~再次因為語言問題無法和人有進一步的交流，決定要再去 skill center 加強自己的英文，之後上了一些文法，yeah~~ I love grammar class, because grammar is very easy for me and people from Taiwan. 終於有回復一點信心了！很難想像其實一些外國學生聽說都很強，但文法的問題還滿大的，這應該和他們看我們的聽說比讀寫的技巧，感覺是一樣的吧！其實只要有做功課 英翻英一些單字 對議題有自己的想法 這堂課還滿有

趣的，文法課就更開心啦！還蠻喜歡這堂課的，雖然有時候班上同學有點冷漠。但沒關係，自己主動一點就行啦！反正在這只待一個月，就不記後果地去嘗試各種對話吧！！

晚上在廚房微波晚餐，一進去就遇到熱情的墨西哥同學(年紀和我們一樣但看起來非常成熟~)和我們打招呼，之後就大聊起來啦！和他們說話超沒壓力，因為可以明顯感受到和他們之間的英文程度差不多，他們倆的 EAP 好像各是 4 和 5，但聽力和口說比較沒問題，也很有耐心聽我們慢慢說，很開心可以遇見這麼友善的新朋友。

很感謝學校提供全額的獎學金，讓我可以一圓想到美國讀書體驗西方教學的夢想，此次旅程真的讓我獲益良多，在美國所經歷的一切也讓我成長了不少，希望自己未來還能有機會到美國念書！

Group: Illinois Date: July, 2015 Student Name: CHEN,OOO-YING

What I have learned:

Taking a nearly 20-hour flight, a very happy beginning, but since has remained true point later sitting sit a little uncomfortable, and even told flight attendants last ultracold !!!!! more to the blanket. Eat and sleep watching movies, it has been during the day, already unable to distinguish the exact time. After the plane finally entered the United States, the UK environment began, could not understand, a pedestrian stumbled and took a long time to finish a single entry, but also that flight attendants made the service survey. US Customs Although it is a bit complicated, but in fact did not imagine the downright, pen power take off their shoes to touch the examination body jacket pocket emptied, but also because of customs in the end did not understand what to say, I thought I could go, she quickly pulled After I continue to check, too late to wear shoes so he took the bag to the side of the chair and then slowly restitution, took some photos visit some shops are expensive so cursory passing, entry and then turned ride Domestic Airport outer desolate, like MRT tools to take the gate, after a small lost or successfully reached, under the plane, and so on luggage, broadcasting local school officials KEVEN, shortly after he came, a look very kindly uncle. Other car did not know the date of the US National Day, in fact, want to participate in the National Day celebrations, but the time it is allowed, though a bit unfortunate, but fortunately the road is still there to see some fireworks, but also be there to feel the atmosphere of the National Day thing.

In approximately one week after the United States, gradually adapt every day to speak all English, in a substitute teacher after class and TOEFL talk, because I was the only class that class and another Taiwanese students attend, the teacher is very kind ask what we want to strengthen, we did not hesitate to say they want to take to strengthen listening and I said, teachers are very democratic accept our opinions and we practice together, she also said she felt less need to strengthen Asian student writing the ability to hear these words by heart a little encouragement, we talked about how to greet friends for a variety of different familiar greeting, interests, department, favorite music movies, and how in-depth conversations with people sustained, rather than because the language barrier and cause each received only limited dialogue and people say hello, but later discovered that in fact their own reasons for not, and people are still a little long talk, is less likely and people talking, so I think this is not just the language barrier , part of the reason is because they lack the skills and people relaxed chat. When the United States met for each new friend, probably because everyone's identity are students of it, most people are asking and ask one question is what you are reading department, and every time I answered, "occupational therapy", the We are under a certain say "What's that?" I would have to explain in English, God, I do not necessarily use Chinese to explain more clearly, and also in English! ? Each can only try to go to describe the content of our work, help some patients lose energy, the moment will regret not properly read the English version of the post introduction governance, in order to introduce something else functional rule, the rise of the future when he was studying The English version of the textbook miss motivation, deeply realized that, if only the Chinese, then you know who may be in contact will be greatly reduced range, unable to recognize and not with other Chinese people further communication, in order to introduce their own All occupational or related to more people around the world know, and therefore I have a very strong and specific motivation to learn English!

In the United States this month, I obviously found their English skills in listening and speaking aspects significant progress, to realize that learning the language is really to speak more quickly and have a need to say in order to progress, think is now 19 years old, the same age in the same class with their own students, but the Brazilian guy in the self-study approach has learned several languages, including English and German, and asked how he do, he said he only spent four years a lot of yourself exposure to English, Volunteering to teach people English, watching English movies, listen to English songs and spoke with are like native speaker, his 10 years at 10 after learning English, imagine yourself to be able in English, but roughly a language Over time progress is not their own but will increase, the key is this one

hard time to accumulate. After returning to Taiwan hopes he continued to teach school English teacher cesl ways to continue to practice, so next returning to the United States, you can become like a native speaker of a man!

Another chat often talk to the problem is the favorite movies, I always say I love martial arts action films like, for example, which others then asked a movie? I will not tell, because the English did not remember the name of the movie But in fact, with Chinese I could not say, because they see the movie will not remember the name of, simply because the story or want to learn English and look, it seems that after watching the film also remember remember the name of the film in English, so again in the future Talk to this topic and people have topics to talk it!

TOEFL courses twice a week, although I only go once, other times not before them one day and then did not do the job is to sleep late to class, go on the road as well as the students asked me why I did not go to school? A little guilty, why not also a little regret more active go to school. Even so, the only one of TOEFL (in fact, I heard that a pair of two special education) also taught me a very rich have proven infinitely useful things. The teacher said, and people have to want more in-depth conversation greetings outside, we must listen carefully to what people say, what people ask about, beginning to focus on the other person, do not always say their own thing, get from others After the news, holding this information to continue to ask it, and not just heard even, it will make the end of your conversation after the other answer, such as: ask someone to read what is agricultural economy department of the people answer?. You can then ask: Why do you Readings this department are interested in or are there other reasons that reading what the department gives you the biggest harvest and happiness is what people then answered:???? To Azerbaijan is interested. Then you can ask is how to find that they have this interest? What motive? Thus one can ensure to have a dialogue may be extended a lot. I found that this technique is used in connection dialogue along with anyone on all do the same, and sometimes at home and talking with students, not because of the language barrier, but do not know how to chat with people, often a word at the beginning of others, their own will unconsciously is what it comes to his own, somewhat subjective and only think of themselves, they say their own thing, thus ignoring the importance of listening. With TOEFL teacher taught, are now gradually improving this part of the missing own.

Nature Hike on the Little Grand Canyon trail in the Shawnee National Forest!
Thank Kevan a lot for providing us with sunblock and insect repellent which were

really helpful. We climbed up and down in the canyon, helping each other find the proper trail to go forward. The rock was pretty slippery due to the moss and the trail was very muddy because of the rain few days before. All I could do was just to follow the footprints from people in front of me. In the process of the hiking, we saw lots of creatures, such as pretty butterflies with colorful wings, lovely frogs, adorable tadpoles, wigglers, toads, nameless insects, etc. The most impressive thing was that we came across the small snake which was very cute and the carcass of the creature which I was not that sure what kind of animal it was, but it looked like a pangolin. May it rest in peace.

To my surprise, there were incredibly lots of mosquitoes. Surrounded by the countless mosquitoes, it seemed that we were welcome visitors for them. We feasted our eyes on the mountain scene. Nothing could take away from the beauty of the scenery. This experience of nature hike was pretty unforgettable for me. Words can hardly describe how excited I was. But anyway, it'll be forever embedded in my memory.

When a formal class, but fortunately there the day before yesterday to do some homework, discussion, can have to answer some questions, and instantly feel in English to English translation is king ah! Find the words in English translation is useless, because nobody could understand Chinese class Ah! And instantly fell in love with the British turned the English dictionary !! It allowed me to answer the questions of students and teachers, language is really really think there needs to progress. We are very active group discussion, is finally a little insight into what is American education, and my classmates and I come from Saudi-Arabia and South Korea to discuss with each other, discuss environmental issues, alas! This obviously is my strength, transgenic technology with Chinese say can say a bunch, but just to use English Ah, can only say a very simple thing, darling hammer Ah ~ can not have further exchanges and people again because of the language problem, decided to go to strengthen their English skill center, then on a number of grammar, yeah ~~ I love grammar class, because grammar is very easy for me and people from Taiwan. Finally there is little confidence reply! In fact, it is difficult to imagine a number of foreign students heard very strong, but also full of big grammar questions, which should be heard, and they watch us than reading and writing skills, the feeling is the same now! In fact, if there is to do your homework English translation of some English words have their own ideas on the subject this class is also full of fun, grammar lessons more fun it! Quite like this class, although sometimes a little cold classmates. But it does not matter, on their own initiative a little on the line! Anyway, only for a month, I do not mind the consequences to try all kinds of dialogue it !!

Microwave dinner in the kitchen at night, go in Mexico encountered enthusiastic students (and as we age, but it looks very mature ~) and we say hello, chatted after the big coming! And they talk over no pressure, because you can clearly feel and extent of English between them almost as if the two of them each EAP is 4 and 5, but listening and I said relatively no problem, but also very patience to listen to us slowly say very happy to be able to meet new friends so friendly.

I'm very thankful that ISU university provided me with a full scholarship, so that I could have a chance to study abroad and make lots of new friends around the world. This trip to America really made me learn a lot, and all experienced in the United States let me grow up much. I hope that I would have one more opportunity to study in America in the future! To reach this goal, I am going to study English hard and seize every opportunity to practice English with every effort.

團名：南伊利諾 出團日期：2015/ 7 姓名：楊 0 如

中文心得:

7/4 今天是搭飛機的日子。經過十幾小時的煎熬終於到達目的地。原本覺得時差很難調適，沒想到一下幾乎沒有問題呢(可能是因為飛機上沒長睡的問題)。靠近學校的機場很小，而且很荒涼，但是卻能感受到美國地大的美，令人興奮的一個月就要開始了。

7/5 今天是星期日，早上十點 KEVAN 開著小巴士帶我們去餐廳吃飯。只不過去完餐廳後的感想是美國的食物很鹹就是了。下午我們坐著巴士導覽南伊利諾大學，學校超級大，我甚至很懷疑那到底是森林還是學校。之後我們去參觀圖書館，那裡的各種擺放方式都適合學生讀書，每一層樓都有不同的音量限制。

最後我們去了超市，裡面賣了很多東西，感覺真的不可思議，不過他們擺放的位置有點奇怪就是了，要找特定的東西要一陣時間呢。

7/6 星期一是考試日。早上八點，KEVAN 帶著我們走到大學，避免之後迷路。到學校後，我們開始分班測驗(托福)，接著下午再測驗一次早上的測驗是否準確。晚上我們自己做晚餐(來美國的第一次做晚餐)，晚上八點天還沒黑，接著和朋友去外面過了一圈回來。

7/7 今天是期中考，因此過著一整天都在考試的日子。我被分到比較高的班級，因此作業量比較多，不過確實能夠在裡面學到很多東西，這件事讓我很開心。

7/8 班上的人都超厲害，我因為都聽不太懂老師在說甚麼，所以都很少發言，不過，如果聽不太懂的話就試著回去多做一點功課吧!希望英文能夠進步到一種程

度呢。

7/10 今天是出去玩的日子，我們要到離這裡時差一小時的地方。搭了六個小時的車，在車上吃了三明治，到達目的地已經很晚了，準備明天的行程瞌!

7/11 今天去鳥園賞鳥。那邊的鳥有被分類成可以餵食的和不可以餵食的(因為有些會咬人)，因此我們每個人都讓鳥站在手上拍照，有些人還和工作人員一起呢。下午去泛舟，不過因為某一些原因我沒有下去，但是發現泛舟旁邊竟然有賣水鞋，那邊的人如果出去玩都常常穿這種鞋子，那種鞋子在台灣真的沒看過，真的是大開眼界。

7/12 今天認識了兩個新朋友，July 和 Forlando，他們人真的都超 NICE，介紹給我他們國家的食物，文化，等等的。我們聊到許多不同的東西，也談到他們來一個月，和我們重疊到兩個星期而已。

7/13 今天認識 David，他是讀英語系的美國人，我們聊了許多天，他竟然答應我們可以幫我們訓練英文(口說)，真是令人驚訝，於是我們就約在每個星期一的晚上和每個星期四的晚上，選在大家都有空的時間。

7/12 今天準備回程，經過一路艱辛的爬山路程後，去了山上看瀑布。那裡的水超乾淨，忍不住讓人想喝一口。

7/16 今天星期四，在班上終於完成了口頭報告，來自其他國家的人真的都很主動，在報告的時候只要問他們問題，他們會的話就會很主動反應，不會的話也會說他們不知道，不會像亞洲人乖乖的楞著不知道要幹嘛。晚上的時候交到新朋友，不過名子太難記已經忘光了，和他、我們這團的還有 David 一起去聽夕陽音樂會，David 真的超嗨，還邀我們到前面和大家一起跳舞。

7/17 今天去聽舞台劇。真的是太完美了，不管是佈置還是演員的聲音(而且都是美女和帥哥)，都無懈可擊。看到一半中場休息時，老師還問我們聽不聽的懂，大概就是知道整個故事在幹嘛吧，裡面還有一些好笑的片段聽的懂，一些聽不懂。

7/18 今天是期待已久的 six flag 遊樂園。我們做了兩小時的公車到聖路易，接著無止盡的逛街和玩遊戲。遊樂園本來就是美式建築，因此進去的時候感覺和平常走在路上沒什麼差別。回程的路上遇見新朋友，他們來自阿拉伯。他們就和一般人一樣，跟我們平常想像的差很多。他們說他們剛開始來這裡只會說一點點英文” yes”，” no” 跟髒話。就和一般人一模一樣。之後我們聊了很久，他們還秀給我們在玩雲霄飛車的時候拍的照片(天呀，竟然一邊玩一邊拍!)。聊了一小時之後，大家都很累所以睡著了。

7/19 和阿拉伯人分到同一組一起做報告。他們的口音真的蠻難懂的，常常談什談到我聽不懂他們在講甚麼。我們約在假日出去討論，因為圖書館沒開，所以其中一個阿拉伯人就載我到另一個地方討論，在車上我們聊很多，還講到他們家人現在在土耳其，然後他以後想要直接在美國生活，不想回去阿拉伯了呢。報告過程算是順利，(其實跟我一組的人都有點不是普通的雷)，不過就把它當作現場臨時反應的磨練吧!報告完鬆了一口氣總算逃脫 PPT 的魔掌，現在開始我的探險學

校之旅!

7/21 今天去看棒球。實在是很不可思議的感覺，現場看和在電視前看的感覺完全不一樣，這次的比賽比較慢，因此沒有說很緊張。裡面賣的食物超級貴，一根熱狗可以買五件衣服，也就是說一根熱狗大概 2000 台幣，非常難以想像大家會買來吃。看完球賽我們很熱絡的跑去找球員要簽名(前提是要先到超商買好簽名球)，還和他們合照真的超開心。(只是說不知道自己的球到底是給誰簽到名了，根本不認識)

7/22 今天 Gimmy 帶我們去吃泰式餐廳，吃完之後還去買冰淇淋，買完冰淇淋後到珍珠奶茶店，認識那裡的台灣老闆。老闆說，這裡晚上沒有很繁榮，因為地都很大，如果超過晚上十點，基本上能玩的就只有夜店了。

7/26 Gimmy 帶我們去吃巴西餐廳，在那裡遇到了台灣人，聽到中文覺得很欣慰，她的丈夫人很好，是個美國人，還和我們分享他們異國結婚的趣事。之後我們和 Gimmy 一起去吃雞翅，他說來到美國，沒有吃到這家非常可惜。剛好，那一天雞翅店打折，我們點了無骨雞翅 40 隻，大家一起享用。之後去超市，才發現這間大超市竟然是 24 小時，就像是台灣的便利商店一樣，簡直不可思議。最後我們去冰淇淋店，享受美式風格的冰淇淋。吃下去時一點都不意外，就是蠻甜的，比較意外的是我點了鳳梨口味的冰淇淋，吃起來到是像奶昔口味的冰淇淋。

7/30 快要離開時，巴西朋友幫我們煮了個豐盛的晚餐，他的手藝真的超級好，煮得比餐廳好吃，吃到這一餐整個就滿足了。Davin 在那一天帶了很多氣球給我們，說他晚上有工作，所以沒辦法陪我們到來開。在那一天，Davin 告訴了我們他是虔誠的基督徒，不過現在在美國，就算是很虔誠的，也不一定常常上教堂(因為工作很忙碌)。他還說: 這個氣球就給你們開氣球派對吧! 於是我們在當晚就真的開了氣球派隊。我們瘋狂吹氣球，也額外認識了很多外國人，像是有印度來的，還有其他國家來的，大家一起吹汽球(然後再弄破它)。到很晚的時候大家一起看恐怖片，我看到一半真的太害怕了，就和同學一起到隔壁的社交區和那邊的日本女生聊天。

8/1 離開前朋友送行實在是很難離別，眼前這一片草原在台灣真的是看不到，帶著準備要離開的心情坐上飛機。回程的飛機，很好睡，比起去程簡直差很多。開始有點擔心時差調不調得過來了。

Group: Illinois Date: July, ____, 2015 Student Name: Yang, OOO-Ju

What I have learned:

7/4 It was a long day for taking airplanes During lots o, we finally arrived the destination ---- America. I thought it may be hard to adjust the jet lag before I came

here, however, it was not a problem after I came here. (Maybe the reason is that I slept few hours and times in the planes.)The airport near the school is small and desolate but it is really beautiful. I look forward the coming few weeks.

7/5 Today is Sunday. We took a bus drive by Kaven to have a lunch. The food here are really salty. This is what I thought after I finish my food. In the afternoon, we took the bus to our university---Southern Illinois University Carbondale. The school is so big that I even doubted that was not a school but a forest! The library there are good for students to study, and each floors have different voice restrictions.

Finally, we went to supermarket. There were lots of goods, and we cannot found things there because the market there is too big to find. We bought lots of things including fish, meat, milk, and other thing else.

7/6 This was a test day. We went to university at eight o'clock by the leading of Kevan for fear that we will get lose during the next few weeks. After we arrived in the university, we took a series of tests to go into proper classes.(Each one's English level is different.) In the afternoon, we did another test to make sure the grade we had in the morning is reliable. In the evening, we made dinner by ourselves.(It was our first time to made dinner in US.) After having a good meal, we went out for a walk around our neighborhood.

7/7 Today is mid-term exam. I did the test all the day. I was distributed into a higher level class, so the homework is pretty much. However, I thought it can help me a lot because I will learn how to write research papers. It would be helpful to my future.

7/8 My classmates are good in English. Actually, I cannot understand what teachers are talking about, so I rarely speak in class. But,, I think, I just need to study harder than anyone else , I look forward I will improve my English.

7/10 Today we went on a trip. The departure was different time from here. We took six hours taking bus, and the time we arrived was almost midnight, I was ready to take an adventure.

7/11 We went to bird garden. The bird there is not like Taiwan's be trapped. They divided them into two group. One group can be feed and touch, and the other cannot. So, we can choose bird we like can take a pic. It was amazing! In the afternoon, I was being with my friend because she was bitten by an insect. She was really hurt because the insect was not appear in Taiwan. During evening, we went shopping in the town, and found a restaurant for a meal. It was great, and not salty and greasy. After that, I bought lots of goods during shopping time, such as clothes, statues, and other else.

7/12 It was a day to turn back. We went hiking, and see a waterfall there. The water there is so clean that I would like try some. It happened lots of funny things. One of the Mexican stood on the dangerous way and took photos, and then our saw that.

She shouted "If you fall down, and don't die. I will kill you! "

7/13 We made new friends, from Mexico, July and Forlondo. They are nice, and they introduce their food and country to us, and it was great!

7/14 David is an American. He major in English, so it means that he will become an English teacher in the future. He chat with us, and told us that he can do us favor to improve our listening and speaking skills.

7/17 Today is Thursday. I finally finish my presentation in my class. The classmates from other countries are really different from people in Asia. They will answer your questions, and if they do not know answers, they will also tell you that they do not know. People from other countries are good at speaking and listening, but not good at writing and reading as well as us. In the evening, I made new friend, he is not good at socialize just like me. Nancy, one of the member in our group, likes to chat with people especially who's appearance is good, also join our conversation. We chat all the way when we come to sunset concert. He is a Brazilian, and introduced himself major in computer information. He need to complete his degree so he come to Southern Illinois University. He also said that he use scholarship from government, and then he choose US, but he did not chose this university. Finally, he come here. At the sunset concert, David invited us to go in front of the stage and dance, we are shy at that time, but we all go there and join the dance. Though some members in Taiwan were shy that they do not want to dance, we also have a good time there.

7/18 It was Thursday, we went to see a drama took place near our school. It was really fantastic. All the decoration and the background are so beautiful that I was appeal into the story. Also, the voice of the actors were so amazing. Though it was hard to understand what they were talking about sometimes, but I can still understand about thirty percent of that, and I can totally understand what was this story talking about. It was really excellent.

7/19 It was a day to six flags amusement park. It was in St. Louis, so we took a bus for almost two hours to get there. It was amazing there though I spent most of time shopping. I also make lots of friends from Arab. What surprised me is that they are quite different from what we had thought about. They are not different from us. They said when they first came here, they can only say "yes", "no" and bad language. They also showed us their video took from themselves when they were riding roller coaster (oh my god, they just screaming and taking video at the same time!) Though it was forbidden (how can you do this when you are ridding!) they did it!

7/21 We went to see baseball game today. It was slow but really amazing. It is quite different from we see from TV, we the team lose score, their fans will disappointed and said, however, if the team wins the game, their fans will be crazy about that. After the game, we went to the front and take pictures with the team, and they also

sign for us, it was really amazing.

7/22 We followed Gimmy to Tia food restaurant. Food was really great there with a little bit spicy and sweaty. Then, we went to ice-cream shop to have a snack. The ice-cream was really sweat. Finally, we went to a shop own by a Taiwanese, it was really a great experience.

7/26 Gimmy bring us to Brazil Restaurant. Food there are really great that we ate a lot. After that, we went to chicken shop. Gimmy there shared that he taught a class which are almost Arabians. They have a culture if they want to pass the test, they just need to argue with teacher, and they can pass. Gimmy said that every country has different culture. At the first time, he came here, it was hard to adjust especially "students" in CESL class. After that, we went to market and have a rest. This was my first time to go into the market so late. Gimmy told us this shop will not close. It opened twenty-four hours. It was really amazing. He shared us that it was hunter season in December. People can hunt deer on the road legal. He told us that people from U S will hold the gun when they see deer, but people from Taiwan will use camera first. It was really funny

7/26My classmate bring us to a restaurant and have a big meal.

7/27 Keven prepared a family party for us, and most of the teachers come and say goodbye to us.

7/28 Our brazil friend prepared a big meal for us. He was really good at cooking.

7/29 Davin, I, and Kelly went to restaurant and have a lunch. Davin is good at socialization. In the afternoon he bought lots of balloons and we had a balloons party. Friends from Japan, Brazil, and other else have fun at the moment. We also took lots of pictures than, it was really a great moment.

8/3 It was time to go home. We left at 3 a.m. Its time for say goodbye.

團名：南伊利諾 出團日期：2015/ 7 姓名：盧 0 雅

中文心得：

很高興申請到這次的參加美國遊學團的機會，能在大學就出國體驗國外的生活，出國前的興奮難以形容，希望能在這短短一個月有所體悟，體驗看看美式生活、上課與風俗習慣。我們去的地方是美國的東部偏中，伊利諾州的南伊利諾的南伊利諾大學的語言學校。這裡有點偏鄉下小鎮，地廣大。

我們從高雄轉機到香港再從香港轉到芝加哥，自己第一次和同學從台灣轉機到那麼遠的地方，學恨如何搭飛機，如何轉機，國外的機場很大，有的還需要做接駁車到另一個區才能，這些其實不難，只要先找到他的標示，就能順利找到登機口。我們坐了差不多快 20 小時的飛機了，屁股超酸的。但心情當然是緊張又興奮，期待美國生活。

第一週

到了那邊，Kevan 他是帶領我們的人。剛到美國的時候已經差不多是晚上 11 點了，我們住的宿舍超大的，又是單人房，而且每個房間裡都有一個大冰箱供我們使用。隔天我們先到 GOLDEN CORRAL 吃早餐，這是一家自助餐廳，是可以吃到飽的，最特別的是可以從上午吃到下午，東西又多，每個人都吃超飽的，那邊的熱量很高，所以我們吃沒幾樣就很飽了，雖然食物的口味都很重，但還不錯，吃到很多台灣沒有的食物，而且美國的甜點每個都很甜，吃多了會膩的。下午 Kevan 帶我們去 WALMART(是個大賣場)買我們在那邊的糧食，因為我們在這裡需要三餐自理，我的宿舍有廚房可以讓我們煮。WALMART 很大，東西很多甚麼東西都有，而且也蠻便宜的。之後 Kevan 開車載我們認識校園(Southern Illinois University, SIU)，校園超級大的，裡面還有湖泊、松鼠和鹿，放眼望去盡是綠色草皮，中間白色步道隔開，很有讀書的感覺。之後我們去參觀 RECREATION CENTER，也是獨棟的，有籃球場、健身房、操場、游泳池…等，各式各樣的器材都有。

我們讀的是 CESL(Center of English for Second Language)，隔天我們要先考托福分班測驗，有分七個等級，看你適合哪個班級，每個人的課表也幾乎都不一樣。接下來就要開始上課了，剛開始有點期待，想體驗美國的上課方式。他們是小班制的，一班差不多 10 人左右，可見老師比較容易顧及班上的每一位同學，他們上課很活潑，而且每個人幾乎都會表達自己的意見，老師也常常讓我們分成小組討論課本上的問題，這可以讓我們練習口說，也可以了解班上其他學生國家的風俗民情或文化之類的。我的課程有分 4 個學習項目，核心、文法、寫作、口

說和聽力，美國的教法也跟台灣上課的感覺不一樣，在課堂上老師和學生可以很正常像聊天的方式上課，比較沒有進度壓力，有甚麼問題就直接在課堂上提出，老師會直接跟你解說到你懂為止。在上課的時候，都是用英文，我剛開始聽的懂差不多七八成，但還是有些聽得很吃力。第一次上寫作的課程我覺得我學到不少東西，他們這禮拜是寫文章，原本我還不知道要做什麼，只是小組討論一個議題並分享他們的想法，對此 topic 有甚麼意見，他們每個人都勇於發表他們的意見，再和其他同學的交流，雖然每個人的主見不盡相同，但他們盡量會試著闡述自己的意見，提供更多資訊來證明自己的想法，來讓其他人了解，他們首先跟我解釋如何寫一篇有架構的文章，解釋的時候完全用英文講，我很認真地聽他們說的每一句話，就怕漏了哪些東西，這使我的英文聽力有了諾大的進步，學習聽不同的腔調，訓練自己的耳朵。

周末時，我們去 Gatlingburg 泛舟，這是我第一次泛舟，覺得很興奮，裡面有漩渦，水流湍急，那種在溪上泛舟的感覺真的很特別，有點像在坐雲霄飛車的感覺，又不會太恐怖，但泛舟完感覺意猶未盡，想要在更刺激一點！第二天我們到 SMOKING MOUNTAINS 看鸚鵡，我們還有餵鸚鵡，那些鸚鵡都長得很奇特也很大隻，餵牠們的時候還怕會被啄。之後我們去爬山看瀑布，山上的空氣很好很新鮮，樹林的樹筆直升空，這種感覺與台灣的不一樣，瀑布更是漂亮。

第二、三周

接下來的這兩個禮拜我們每天要去學校上課也有作業，但也學到不少東西，美國老師給的東西和台灣老師給的東西不同的是，美國他們會用比較有趣活潑的方式帶動整個班級，讓我們主動自己去找答案而不是被動等著老師的答案，有正確答案而沒有標準答案，每個人思考都是獨立的，盡量把想表達的話用嘴巴說出來，訓練自己的表達能力，用實作取而直接告訴你結果，這樣讓我們比較有想法創新創意，也能對此更加了解。他們那邊的學生幾乎都很活潑，上課踴躍發表問題，回答老師問題，因為我們比較屬於內向不太敢眾人面前發表意見，常要等老師點到我們才會回答，反而他們都不怕丟臉，一有想法或疑問就舉手直接問老師，我

覺得這點我們能多學習。

在閒暇之餘，CESL 也有安排些活動，像是每個禮拜四的下午會舉辦 sunset concert，這有點像夕陽音樂會，但這是到晚上九點多的，每個人都盡情的跳舞，隨著音樂擺動自己的身體，我們像在野餐一樣，帶些餅乾飲料到草皮上坐著，聽他們表演唱歌，這可以讓我感覺心情很好，每當禮拜四的時候大家齊聚一起聽，一起聊天，分享彼此的生活。

我們還有看音樂劇—hairspray，這是我第一次看音樂劇，真的很好看，有時候很好笑，雖然沒有全盤聽懂，但大概知道在演什麼，台下的觀眾也笑得很開心。Kevan 還帶我們去看幫球賽，這也是我第一次看棒球賽，因為我之都沒在看棒球，但沒想到其實很精采，而且又是看現場的，他們也有吉祥物與我們互動，整場就超嗨的，最後我們還有跟球員拍照，雖然都不認識但還是覺得很不錯，是個值得紀念的回憶。

周末時，我們去 SIX FLAS 玩，這是遊樂場，裡面有各種雲霄飛車，有些看起來都超恐怖的，我只有玩其中一項，那裡還有摩天輪、water park、小型急流泛舟…等，占地面積很大，有時我們還會迷路，但超好玩的。

再宿舍的閒暇之餘，我們還會到交誼廳一起和其他外國人聊天或是玩撞球，那邊有來自很多國家的人，像墨西哥、巴西、日本、阿拉伯…等，其中阿拉伯人數占最多，他們那邊的人幾乎都很熱情，看到就會跟你打招呼問好，之後很快就聊起來了。

平常在學校，我們幾乎都吃學餐，有 subway、pizza、roll、salad…等，我覺得在這邊的一個份量都超多的，可以吃很飽，一餐差不多 5-6 美金。如果想吃好一點話，可以到附近的餐廳吃，有些很有特色，但價錢的話就相對更貴了。令我最難忘的是在美國竟然能喝到台灣的珍珠奶茶，老闆也是台灣的，當我們一進去時，他就很熱情的跟我們聊天，有種瞬間魂到台灣的感覺，很懷念。

第四周

剩最後一個禮拜就要回台灣了，突然感覺時間過好快，已經很適應那邊的上課模

式，很喜歡這個地方，雖說這邊沒有像大城市一樣有各種購物中心，沒有方便的交通工具，但這讓我感是到每個人的熱情洋溢；走在街上，沒有太多高樓大廈或其他商店，但放眼望去盡是一片綠油油的草地，湛藍的天空，讓人有種放鬆的感覺，心情很好。

在CESL有台灣來的老師Jimmy，他在最後一個禮拜開車載我們到比較遠的地方吃好吃的，像是特殊的冰淇淋、Buffalo Wild Wings、巴西餐廳，這些都超好吃的，尤其是辣雞翅，各種不同等級的辣，連平時不吃辣的我都覺得很好吃，各種口味吃起來都有不同的獨特感覺，我們和他聊了很多，他也分享他在美國的經歷。

在這短短的一個月，感受到外國人們的熱情，見識到他們的豪放，認識不少外國朋友。我也從中體會到各種不同文化之間的差異性，對自己的想法有所改變，在競爭力強大的時代裡要脫穎而出是不簡單的，試著表達自己的想法和意見，才能成就不同的自己。這趟旅行的結束僅是要銜接另一個旅程的開始，這讓我的視野擴展不少。

Group: Illinois

Date: July, 2015

Student Name: LU, OOO-YA

What I have learned:

I was happy that I had the chance to go abroad to America. We flight from Kaohsiung to Hong Kong and transfer the flight to Chicago then to SL. This flight totally took us about twenty hours. It was a long flight on the airplane and we felt very tired.

We had the pretest called TOFEL. It was the test that could test your level and arrange you to the moderate class to learn English in different classes. I was in level 4. The classmates there were very kind. I was not very accustomed to the class in the first, though. Because one class just had ten people there. Also, the classes are smaller than Taiwan. However, I like the class there. The teacher could take care all

of the students in one class. We could take to the teacher directly. It could practice my English speaking and listening. One class had different people from different countries. We had the discussion in class, so it was the best chance to speak to different country people, also I could know more about their cultures.

I was always forward to the weekends because CESL would arrange degrees of activities to us. We had lots of entertainments. For instance, we went to the parrot mountain. There were variety of parrots also we could feed them seeds by our hands, got closer to take the photos with them, let them stand on our shoulder. We had lots of fun there. The other activities were hiking, mountain climbing, bowling, pooling, rafting, going to the entertainment park etc. The most impressive activity to me is rafting. I never had it before. It was my first time that I raft and I was rafting in America. I still couldn't believe that I was lots of fun there. This experience was awesome.

A meal of food in the USA is very big. Most of main foods are pizza, pasta, roll, salad and fried chicken. The food I like the most in student restaurant is salad. I just ordered a small salad and it make me feel full. I felt a little bit sweet and salty in the USA. Especially the snakes, there are very sweet to me. However, the food isn't cheap there. Sometimes, we went to restaurant to eat food. It is more expensive than you cooked by yourself. If you want to eat more local or special food, I would consider that the restaurant is the best choice. For example, sometimes we cooked by ourselves in the kitchen where the dorm will provide. We ate toast or milk which added cereal for breakfast. In the lunch, I ate in the student center which is the place you can eat or buy some books and cookies there. There is a Taiwanese teacher who is called Jimmy. He drove us to eat very spicy chicken in Carbondale. Its name is called BUFFALO WILD WINGS. I don't like to eat the spicy food, but I try some there and I found that it tasted good. Although I felt very spicy, I ate all of the chicken we ordered. It was the great experience to me to eat the spicy food in the USA. I just couldn't forget that awesome taste.

The people there are very kind. They said "hi" to you even if you didn't know them. We just like a big family there. They are always filled of passion to everyone. In my class, there are many different countries students. Some are from Saudi Arabia, Mexico, Japan, China and Iraq. We have discussion in class. Thus, we can know each country culture, habit, festival etc. The teacher in class was very interesting. Because of the less students in one class, we can express our thinking directly. In other words, we don't have to raise our hands before the teacher let you talk. The atmosphere was very good and not be very silence in class. It is the most different side between

Taiwan and America.

The view is beautiful in Carbondale. It is a place which is like a country side. There are quiet in street, not like the big city such as Chicago, New York, Los Angeles. The two houses don't connect to each other. Most of the houses in Carbondale have own garden. When you walked outside, you would see that there is very wide and some place has big grasses. It made me feel good when I walk in my way to school. The air isn't very worse there. All the vehicles that you see in the street are just car or bus, they don't ride the motorcycle, because the terrorist is huge. You have to drive about one to two hours from one town to another town. It cost much of time, however it is very common in America. You can't find the convenient store there. You have to drive to the market to buy things. We often went WALMART to buy the food which is cheaper than the other market. The street is very wide there. I found that the characteristic of house is different from Taiwan. The house there is like the fairy tales of house. The environment in Carbondale don't like the city life very noisy, however, I like the place there because it can let my mood have more relaxation. I enjoyed the one month life there.

This is an unforgettable experience for me to go different country to have the class in America and know the special culture and life. We studied in CESL which is a second language center. It taught English. There is a good place to learn English. It provided lots of resource to you to improve your English. In particular, they have "skill center" where you can go there to improve your writing, listening, reading or speaking if you have free time and have to fill a form out before. You can learn lots of things you wanted there.

It was my first time to study in foreign country. I felt very excited about the new class. Thought I was a little bit nervous at first, I felt free when I am in the class. It didn't make much pressure for me because of the fewer students in one class. I don't like too many students in one class because the teacher can't take care too much in the moment. That is what I like America education, I can ask the question in the class without raising my hands. If you have some ideas or want to express your thinking, you could directly speak and discuss in the class. You can also practice expressing your feeling or ideas about one thing. For example, the teacher usually had us discuss some question in class. That is a good opportunity to chat with other people and know the different cultures. We can try listening to each other people what they are talking about. It will good for our listening. Also, we can make a friend with other person.

The life in the USA was very comfortable. People don't very busy every day. Studying and exercising both are equivalent to them. They like to relax themselves if they have free time. On the other side, the weather there was good even if the sun comes out. We will not feel very humid or sweat easily. The territory is very big. From the street, you can see that the house was lined up straightly. Also, there was big grass when you walked on the street. It is very beautiful and made you feel comfortable.

I have different concept about my life after I went to America. I'll do my best to do the work. For example, in class, the teacher had us discuss the pre-question for the new lesson, express your feeling or ideas and listen the other classmates said. Moreover, we can broad our horizon and know more about the different cultures in their countries. On the other side, when writing the homework, the teacher had us do our own thinking first instead of telling the correct answer. In addition, sometimes, the teacher gives us advice that we can compare to mine. We can not only learn from the teacher but also train our independent thinking.

One month in America, I learned lots of new things, knew the people from different countries, experienced the life there and their education. It had the different concept to America. First, their education is very open, such as the students can talk to the teacher in the class without raising hands, the student number in one class don't over than 15 people, the teacher had us discuss some questions in the class before starting one new lesson. More important is the teacher had us guess the vocabulary meaning from the sentence and then telling the right answer to us. In brief, I think it is good for us because we don't have to depend on the teacher who gave our answer. We can find the answer from different clues and try to guess the words that author wanted to say to reader. I was good for our thinking. One the other side, I felt the hardest part is speaking. Because you had to talk to your classmates in English, I just don't have any ideas in my brain. Sometimes, I had to think for a long time and say a complete sentence finally. I think that the most important thing is courage. You had to try your best to say what you wanted to express. There is why you went here. In listening, I can understand most of the meaning and try to get it. To sum up, I had a great trip in America. It was lots of fun and was an unforgettable experience for me.