

2017 年學海助學金外研習團心得報告

團別：日本東洋大學 團	出國日期： 106 年 8 月 14 日	返國日期： 106 年 8 月 26 日
系級：醫工系 二 年級	學號：10450○○3A	姓名：胡○怡

十三天，說長不長，說短不短，就這麼結束了。還記得到日本的第一天，大家都十分的興奮的在 I-HOUSE 等待辦理入住的手續，轉眼，我們就已經在回家的飛機上了。

第二天早上，當我們在 I-HOUSE 集合的時候，東洋大學的學生已經在宿舍大廳等我們了。到了學校以後，發現有許多人和我們一起上課，他們是 UMAP 的學生，我們先和他們一起參觀了校園，然後學習了一些日常用的日文。下午大家就一起搭地鐵去東京消防所取體驗地震和一些自然災害。我們去體驗的 7 級地震，效果真的十分的逼真。我們發現有許多日本的家長帶著他們的小孩子過來，我覺得防災教育對於小朋友來說是十分的有必要，尤其是發生災害時候的自救。日本是一個自然災害和地震頻發的國家，所以他們在這方面做得很好。之後，我們就走去淺草，在淺草寺看了看，吃完晚餐就回宿舍了。

第三天的行程和 UMAP 的學生還是一樣的，早上有老師給我們講了一些關於日本文化的課，下午我們就坐大巴去往位於橫濱市的杯面博物館。在杯面博物館，我們從麵粉開始做泡麵。本來以為祇是把各種現成的原料放在一起而已，當我們發現是從麵粉開始時，大家都十分的興奮。最後，大家都帶走了屬於自己的那獨一無二的泡麵。

從第四天開始，教室裏就祇剩下參加東洋大學 Summer Program 的同學了，我們早上學習了一些日本人的生活方式，下午大家一起去池袋逛了一下其他學校的學生那個下午就去能登半島了。

第五天的早上，我們去參觀了一間在銀座的公司——Niben。我們和授課的老師語言不通，我們不懂日文，老師也不會英文。後來老師想出了一個方法和我們溝通，在黑板上寫漢字。沒想到真的和老師溝通起來了。老師給我們演示了做烏龍麵湯的方法，不難，但還是要花點功夫。最後我們吃到烏龍麵時都覺得很好吃，大部分人都吃了兩碗。下午就在銀座逛了逛，晚上大家一起去晴空塔上看了看夜景，東京的夜景真的很棒。

周末是自由活動的時間，星期六，大家為了充分利用東京地鐵一日券，有同學早上五點就起來去筑地市場吃早餐，我們另外幾個就七點多才去，拍賣的地方因為還很忙碌，十點以後才開放，所以我們就沒去。但就逛那些也足以讓我們感受到日本市場的氣氛了。我們就繼續走，去到了皇居，日本皇室的居所。進

去是免費的，每個人會拿到一個亞克力的入園証。不愧是帝王的居所，皇居很大，建築氣派。在上野吃完午餐以後，我們又去了台場。台場跟東京市區還有一點距離，我們還了三次車才到。在台場我們看到了自由女神像，據說和美國的那一個是一比一的。因為剛到不久就開始下大雨，我們就跑到附近的商場去避雨，順便在裏面逛了逛。周日，我提前在網路上訂好了去富士山的行程，就去富士山玩了一天。

第八天早上，我們去了千葉縣，去感受一下日本的鄉村。早上，我們跟一個歐巴桑學習做蝴蝶壽司卷，看起來很容易，但是，做起來真的很難。我的蝴蝶翅膀還算正，其他有人的翅膀往左邊偏，有人的往右邊偏。歐巴桑還給我們演示了怎樣做楓葉還有花，他們有上百種圖案來應對不同的節日，真的很厲害呢。午餐就吃我們自己做的壽司卷和他們給我們提供的味增湯和可樂餅。下午我們去採藍莓，老師跟我們說甜的藍莓祇需要輕輕拉一下就會掉下來了，我就按照這個方法摘了兩大杯。第一杯是給他們去賣的，第二杯是給自己的。接下來就去到當地的農產品商店，看他們如何製作標籤，如何把藍莓從樹上變為商品。下午回去時，我們在東京灣停了一會，看了看東京灣的風景，從那棟建築之後，所有的路將從海底通過。

第九天，去能登半島的同學已經回來了，早上他們跟我們分享了在那邊的生活。他們在那邊是住在寄宿家庭裏，體驗傳統的日本生活。下午就在學校附近逛了逛，學校附近有一個很大的神社，叫根津神社。然後我們又去到附近很有名的一條老街，叫谷中銀座。我們在去日本的第一天就經過了那裏，那邊感覺很有歷史的氣息。

第十天的早上，老師邀請一位在Tokyu工作的朋友給我們講解新宿的發展史和新宿地區未來的規劃。到那天我才知道東京有一千五百多個地鐵站和三千兩百萬的人口，真的是個超級大的城市。下午我們就去到新宿，再瞭解了歷史以後再去的感受真的不一樣。

第十一天的早上，老師邀請了四名在東洋大學學習的外國學生來給我們講他們的學校生活。下午，我們就在準備presentation了。

十二天的早上，我們就各自做了presentation，下午就去秋葉原看了一下，晚上就是farewell party了，老師很用心的做了一個影片來記錄我們這十幾天的生活，最後還給我們準備了一個驚喜——寫好我們每個人名字的蛋糕。

最後一天的早上，我去了學校附近的一個日本三大名園之一的六義園，在東京的市區還有這麼一方淨土也是不容易，從德川家康時代保存到現在還這麼完整，真的是很不錯了。晚上六點，我們就搭上了回高雄的飛機。

東京和其他大城市給人的感覺很不一樣，東京的街道在晚上八點左右就沒什麼人了，而且街道十分的乾淨，列車都非常的準時，一切都是僅僅有條。不過我覺得在我們的行程安排上可以有些改變，大部分下午的field trip都是購物

的，希望可以多一些古跡的游覽。

英文 2500 以上：

I always dream that one day I can go abroad learning. Thanks to I-SHOU University giving me this opportunity so that I have been able to experience Japanese collage life.

I have never been to Japan. When the thirteen-day trip ends, it still like a dream for me. I' m really exhausted when I came back to Taiwan. Staying in Tokyo for thirteen days is really a good chance for me to learn about this country. Although the feeling of freshness had passed over the first week, this trip still makes a good impression on me.

Studying

We had Japanese class in the first day. Maybe the teacher thought that we had already learnt some Japanese before we came to Japan. No one in our group can catch up on her. When she started the bingo game, we still stuck on the last page. It was not suitable for the first-time learner like us. It would be more appropriate for someone who was already had known a little Japanese and just needed reviewing.

In the next couple of days, we had class about Japanese culture, the history of Japanese life and modern Japanese life. I learnt many things that I did not know about Japan in these classes, but the most attractive class was in the end of this trip. A friend of Mrs. Yoko (our teacher) gave us a lecture about the history and the executive project in Shibuya area. That is the first time I know that there are about 1,500 subway station in Tokyo, and the main purpose of the subway in Tokyo is for communicating. There is much private capital invest into public transport system which is unique in the whole world. There are 32 million people live in Tokyo and they all depend on the public transport system.

We went to Shibuya station in that afternoon, which is great because we have already known something about this place. That is a special experience for us. We visited some places that the teacher recommended like 109 building. We stayed in Shibuya for about an hour and walked to Harajuku which is a lot alike Ximending in Taiwan. Many young people are attracted to both places.

Mrs. Yoko also invited four students from other countries who are currently studying in Toyo University to talk about their life in Japan. They were all from different countries, Philippines, Vietnam, Iran and China. Two of them were in the

Global Innovation department, which is just founded this year. The classes are all taught in English. It's a good opportunity for students who cannot speak Japanese to study in Japan.

I ended up talking with the student from China after they all gave us their speech. He was from Shanghai and he spent two years of his junior high school in the UK and three-years of high school in Japan. He can speak three languages and he said a lot of international student in Toyo can do that. I need to work harder on my language skills.

Living

We went to I-HOUSE at four in the first afternoon. After we signed all the paper required, it is almost 7. My room is in the 7th floor which has a great night view. We can see the sky tree from our window. The dorm there is much better than that in our school. They have a kitchen and washing machine in every suite. The kitchen includes a microwave and a big refrigerator. I did not use either of them, because I think we only came here for two weeks so I want to try the Japanese food.

The washing machine has dry function. It was new for me, and the buttons in the washing machine are all in Japanese. Although they have an English version, it still took me some time to learn.

Travelling

We had a two-day off in this trip. We have 24-hour Ticket of Tokyo Metro, and we did not to waste it. We made the full use of it. On Saturday morning, we got up early to have breakfast at Tsukiji fish market. This market is known for fresh seafood. Many good sushi restaurants lies in it, and they are quite expensive. After breakfast, we visited Tokyo Imperial Palace where the royal family used to live. I was told that some parts of this park are not open to general public. These parts are still used for the place of residence of the emperor of Japan. Then we went to Ueno to have lunch. There are a lot of boutiques selling product in a reasonable price. Some of my friends bought some clothes.

At three o' clock, we were heading to Odaiba. We transferred twice so we can get there. There is a statue of liberty in Odaiba. According to google, this one is the same size as the one in New York. However, it seems that this one is a bit smaller. It rained heavily shortly after we got out of the subway station. Before it got worse, I quickly took a photo in front of the statue and ran into the shopping mall. We gather

at the gate of the shopping mall and tried to see the light show of the rainbow bridge. However, there was no light show that night. I looked it up from the internet, and it turned out the light show would only present in special occasions.

I always want to Mount Fuji. Before I came to Japan, I had already planned to go out there. Therefore, I ordered a trip online. However, the weather was not so good that day. I did not see the mountain. I only went to the fifth station of Mt. Fuji and sent some postcards to my friends. It was a little chill in the fifth station. It's only 15 degrees. The good thing is we only stayed there for thirty minutes. Then we went to the Springs of Mt. Fuji where you can bring a bottle of your own and fill it up with the spring there.

We went up to the Sky tree on a Friday evening. It cost me 2,000 yen, and I think it's the worthiest 2,000 yen I have ever spent. It's the good spot to see the night view of Tokyo. We walked around the viewing deck and took plenty of photos. I can even see the Tokyo Tower in the viewing deck. We did not go up to the higher deck because it's too late. Sometimes it would be better that we leave some regret. It gives me a reason to do there again.

Eating

Before I came to Japan, someone told me that 100 NTD is enough to get a decent meal in Japan. The truth is, it is not even close!! Maybe the breakfast is enough, but not for lunch or dinner. The food is more expensive but it also delicious.

There are many kinds of food in Japan. Ramen is definite the top one in the list. There are three types of soup of ramen: soy sauce, tonkotsu and miso. My favorite one is Tonkotsu Ramen. My friend and I went to Ichiran which is a famous Ramen restaurant in Japan. The ramen there is a little expensive than other places and I think they are worth it. No matter the soup, the barbecued pork and the noodle itself, is much better than other Ramen restaurant we had already tried. I also tried Tofu Ramen in Odaiba. They are almost the same as the regular ones, but the noodle is made of tofu instead of flour.

We tried soba in Harajuku. The restaurant seems like a traditional Japanese restaurant. We need to take off our shoes before we went in. When the waitress gave us the menu, I looked through it quickly. The price is pretty high, so we ordered the cheapest one. However, it still cost us one thousand yen each. The noodle was served with a bamboo plate and a bowl of dip. We need to put the noodle into the dip. At last, we need put some hot water into the dip and drink it all. The flavor is kind of plain, but it is still a special experience for us.

A set meal is a common kind of food in Japan. It is cheaper than Ramen, and I

often eat it when I have classes. They have many kinds of staples, like salmon, beef and chicken. They usually served very fast, and I think that's why white collars in Japan like to eat them. It is not only saving time but also money.

I also tried Mos Burger and McDonald's in Japan. Both of their prices are higher than Taiwan, and the flavor is different which I think it's better. Apart from the beautiful view, the food is another reason for me to revisit Japan.

Speaking of food, I must mention the fruit. Peaches and the grapes are in the season. I bought a peach in the first day when I came to Tokyo. The peach was sweet and juicy. I did not buy the grape because I ate a lot of them when I was at home. I bought fig, persimmon and pear at our field trip to Chiba. The fig and pear have the same taste in our country, but the quality is much better. The persimmon is much different. It is sweet but it is hard. In my hometown, we always eat soft ones.

Field Trip

We always have classes in the morning and field trips in the afternoon. We went to many places and we always took subway.

We went to Tokyo Fire Department in the second day. We learnt some safe management in earthquakes and natural disasters. I even tried the rainstorm experience. I was standing in the first line. I We walked to Asakusa area in the after this. It's almost five and we were all wet. I took a short visit at Sensoji Temple.

In the third day, we went to CupNoodle Museum in Yokohama where has an hour-drive from school. We saw the first instant noodle in the world. We also watched a film about how the founder came up the idea of cup noodle. I felt sleepy when I watched it because I did not understand a word of it. It was all in Japanese!! Most interesting part of the day was we made our own instant noodle. I was astonished when I found out that we needed to make it from flour. We pressed, cut, steamed and fried the paste. In the end, we got our own bag of chicken flavor instant noodle.

I really like our field trip to Niben company which is in Ginza. This company is known as its katsuobushi product. The teacher cannot speak either Chinese or English, and we cannot speak Japanese. The teacher figured a clever way to communicate with us. There is Kanji in both Chinese and Japanese. The teacher was writing Kanji in the blackboard, and it worked. They made udon soup for us by using the product from their company. They also made soup from katsuo dashi and we needed to compare them. Most of us like the one made from katsuo dashi, but the teacher told us that the majority of Japanese like the one made of real dashi. After the teacher put the soy sauce in the soup, it is good. After we finish eating udon, the teacher asked

us to try to shave dashi from a package. It is easy to watch the teacher to do it, but it is a challenge for us.

The trip to Chiba is also great. When I saw the calendar, but I didn't know where we were going or what we would do that day. When I found out we would make sushi roll that day, I was excited. I have made sushi rolls at home, but I didn't know the correct way to roll it up. We also had some difficulty to talk with each other due to the language difference. However, they set up a camera in front of the teacher's table, so we can copy every step the teacher does. We were trying to make a butterfly sushi roll. We used the white rice, pink rice and fried egg. The sushi roll I made looked great, and it also tasted great. The teacher made a flower and maple leaf pattern sushi roll after taught us. We had the sushi roll as our lunch. They gave each one of us a bowl miso soup and korokke.

After lunch, we took the bus to a blueberry field. I was excited because it is the first time I saw the blueberry in the tree. We can pick blueberries and eat them. The teacher taught us how to choose the sweet ones. The trick is to pull the blueberry if it gets off easily, that means it is sweet. We pick two bottles of blueberry. One bottle is for sale, another bottle is a gift for us. We went to the local agricultural products store, and we put labels on the box which blueberries being packed. That was new for us. We got a coupon to buy an ice cream on half price in the store, so I bought one. It was not like the other ones from convenient shops. They tasted softer and they have more milk flavor. I also bought many fruit in the shop. They are all grown by the local farmers. I met an old lady outside the store, and she is the owner of the figs I just bought. How amazing is that! We seldom have the chance to meet the farmer in my hometown.

On the way back to Tokyo, we dropped by at Tokyo Bay. There is a building in the ocean. Mr. Kazuki took us to the highest level of the building. We watch the beautiful view of the ocean. After this station, the highway is under the sea.

Farewell party

Time always flies so fast, before I notice, the trip came to the end. Mr. Kazuki asked us whether we ate sushi in Japan, we didn't know why he did that until the farewell party. They prepared eight boxes of sushi for us. They also bought many other foods from restaurant nearby. They gave each one of us a certificate and we took a group photo. At the end of the party, they said they had a gift for us—two cakes with our names on it. I would miss my days in Toyo University.

Going aboard to study is a great chance to make friends and meet new people. I

am not good at both, so I would take this trip as a practice. I am now considering studying aboard due to this trip. It widens my horizon and opens a new world for me. I also gained many friends from other departments from our school. Thanks for I-SHOU University to give me this chance.

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8/14(一) 今天是學海的第一天，分針剛移向 6 的左邊，耳邊就響起輕快的音樂，今天的鬧鈴格外動聽，就連鬧鐘都顯得有些迫不及待。我抱著既緊張又興奮的心情，前往機場，時不時的偷瞄手腕上的機械，深怕錯過了和同學集合的時間。 <u>胡子怡</u> 學姐，是我第一個認識的同學，她那健談又活潑的性格，使不擅長社交的我開始有勇氣和其他學長姐說話，這是我今天最大的收穫。		
8/15(二) 今天見到了好多來自世界各國的學生，也因此讓我感受到英文的重要性，看看別人再想想自己，發現自己真的有很多需要學習的地方，這是我回國後的動力。當然也在其中學習到不同國家的文化，像是認識了一位來自緬甸的華僑，從他口中得知，緬甸人竟然沒有姓，父母可以自己決定孩子要叫什麼名字，一個字或好多字，都是很常見的。		
8/16(三) 非常喜歡今天的行程，早上是認識日本文化的課程，老師上課風趣，配合精彩影音再加上跟隊員間的互動，使課程變得有趣。令我印象最深刻的就是，認識到居酒屋吃飯時的禮儀和日本獨有的國際運動-相撲。下午是我期待已久的行程-日清拉麵博物館，我們親手做了屬於我們自己的拉麵，從和麵到包裝，還有包裝紙的設計(對我來說這真的有點困難，我都不知道到底該畫或寫些什麼)。這包親手做的拉麵，我將帶回台灣與家人分享，儘管只有 100 公克，但這應該是史上最好吃的手工拉麵吧!		
8/17(四) 今天和子怡學姐原本計畫星期日要去箱根玩(跟掏寶的團)，但因為旅行社說我們沒有在時間內將資料傳出去，因此取消我們的行程，當下非常傻眼，哪有收了錢還把人家取消的道理，學姊還說錢不一定能馬上退，使我們本來要一起報另外一團，但因為學姊掏寶卡裡的錢不夠，我也就沒去了，其實有點失望，本來想去看看 13 年後的箱根到底變得怎麼樣；之後學姊說要報另外一個團，但因為在掏寶刷卡不安全，所以作罷，我就不去了。但今天也有開心的事，去吃到了在台灣要排隊排很久的”一蘭拉麵”，真的很好吃，餐廳的布置也很特別，一人一個座位，每個座位有用板子擋起來，叫服務生要按鈴，而整個過程中，我完全沒看到店員的臉，整個環境我也不是很會形容，反正是個很不錯的體驗。比起中午在學校對面吃的 500yen 的超鹹拉麵，一蘭拉麵真的非常好吃!		
8/18(五) 今天到 Ninben 認識柴魚，老師用日語跟我們解說，可是我們聽不懂需要 <u>清水</u> 先生翻譯，可是解說員靈機一動，與我們用漢字溝通，很特別的解說方式，也讓我們更了解柴魚的製作過程和用法，在這裡我們還自己 DIY 做柴魚片(把一大隻加工好的鰹魚磨成柴魚片)，我現在才知道原來柴魚片是這樣來的。晚上到期待已久的晴空塔，晚上上去看真的很漂亮，一張 2060 日圓的門票花得很有價值，在 350 層樓高的晴空塔上，搭配影音設備，鳥瞰整個東京的夜景，是男女朋友約會的好去處，當然也是我們這群三五好友一同談天的好地方。		
8/19(六)		

今天起了個大早(5:55)，準備去築地市場看魚貨拍賣，但是 10:00 後才開放進去魚市場，於是我們就在外面逛了一下賣魚貨的商店，空氣中瀰漫的是魚的，嗯……臭味，其實也不是很臭，就是有味道，但是是不一樣的體驗，好像跟台灣的漁港不太一樣，築地市場還有賣水蜜桃和其他當季的水果，水蜜桃超級超級超級好吃的阿!之後去皇居，很佩服大家能夠把皇居走完，因為其實大家的腳在經過星期五的摧殘後已經非常酸了，今天的太陽又特別大，但即使如此，我們大家還是一起完成了。之後到台場，比較有趣的是，我和子怡學姐，在剛到自由女神像前準備要拍照時，開始下雨了，而且雨滴非常大，一看就知道是待會會下很大的那種，因此，我們匆匆忙忙的兩人各拍了一張照，就用衝的趕快進去 AQUA City，一進去，雨就開始變得超級大了。

8/20(日)

代代木公園、原宿、明治神宮是今天的行程，今天晚上有花火節，所以原宿擠滿了滿滿的人潮，學姊們想去租浴衣，但都被提早預訂完了，跑了好幾家都沒租到，好可惜!我們先坐地鐵到代代木公園，然後慢慢走到原宿和明治神宮，今天的行程非常棒，不需要一直趕來趕去的。代代木公園非常舒服，雖然沒看到幾朵櫻花，但被樹木包圍的公園，空氣清新，略帶一股涼意，沒有你推我擠的人潮，走在樹下，好不愜意!明治神宮其實沒有想像中的大，如果我是古代的帝王，我還比較想住在紫禁城，那個大的不像話的地方。

8/21(一)

今天的行程好棒，坐巴士到千葉縣，做了蝴蝶造型的壽司，中午就是壽司和一些以當地食材製作而成的料理，好好吃，下午帶我們去看日本學生種的蔬菜，其實我也不知道到底有什麼好看的!但是之後到當地一間很大的超市，買了好多水果，可能因為是產地所以都很便宜，因此我就買了一個星期份的水梨、水蜜桃和葡萄，真的超划算!今天的行程整體來說，我還是很喜歡的。

8/19(二)

今天的課程要我們上台報告上星期去過印象深刻的地方，我好緊張，第一次是在全英的環境用英文報告，我有些擔心老師會問我問題，因為有些日本老師講話口音好重，我有時候都不知道他到底是在說日文還是英文，甚至要從整段句子中自己去理解他要表達的意思，不過還好這個老師在澳洲住了 10 年，雖然口音無法避免，但我可以很清楚的知道老師要表達的意思，報告順利完成。

8/22(三)

今天，感覺是來吃的，從早吃到晚，蘋果派+黑咖啡→天婦羅定食→半熟起司塔+抹茶→起司餅乾，今天過得非常愜意，吃吃吃，輕輕鬆鬆的過完一天，在澀谷和原宿。

8/23(四)

今天的課程是請在東洋大學讀書的留學生跟我們分享他在日本的生活，聽完他們的分享，突然好想學日文，來自大陸的一位留學生告訴我們，因為我們看得懂漢字，所以學日文會非常快，聽他這麼一說，我還真有股衝動想去學日文，晚上回 i-house，上網看了一下日本對護理人員的薪資待遇、工作環境還有很多人對醫護人員在日本工作的看法，發現日本可以成為我未來工作地點的選項之一，使我又有了了一個努力的方向。

8/25(五)

Toyo Summer Program 最後一天，有點不捨，看到清水先生為我們製作的這兩個星期的活動剪輯影片，當大家的笑容渲染整張照片，我知道雖然嘴上說很累，內心卻是無比的滿足，因為認識了這些來自世界各地的朋友。

英文 2500 以上：

First, I want to thank I-Shou university for giving me an opportunity to have this scholarship and join Toyo Summer Program. I'm glad that I'm one of the students who represent I-Shou university to join the summer program in foreign country. In my opinion, I am very destined to Japan, because it's the second times that I come to Japan without my family. Japanese are very kind, polite, hospitable and thoughtful. Therefore, I'm so relieved that I can go any where on my own by the convenient transportation in there. Before I went to Japan, I researched so many information about it. On the website, people who have been to Japan all say that Japan is the good place that welcome everybody so I was looking forward to making new friends from other countries and visiting renowned tourist attractions. Actually, the only one thing that was regrettable was that I expected to go to the country that their official language is English, perhaps I can practice my English speaking and listening in there, but we finally went to Japan. However, it's no matter. There are also many things that I can learn in Japan, maybe how to get along with people, how to accept different culture, what's the different between Taiwan's students and Japan's students, and so on.

14th of August is the first day that I went to Tokyo to join the Toyo Summer Program, at that time, only excited can describe my mood. After four hours later, we arrived in Japan and our new journey was about to starting. When the plane was landing at Narita airport, I told myself that now that I had spent two weeks here in Japan, I had to pump up my courage to speak to other people, expressed my feeling even though discussed with my teammates in English for the final presentation.

There are two airports in Tokyo, one is Haneda another is Narita. Compared to Haneda, Narita to downtown in Tokyo is farther than Haneda. That's the reason why we had to take skyliner from Narita to Nippori, where the dormitory is located. Because of skyliner, it is very convenient and takes me the short time from Narita to Nippori, only thirty-six minutes. It was absolutely amazing for me, because before then, I have never been to Japan since six years ago and before six years, we must spend so much time from Narita to Nippori. Additionally, the most attractive to me in the first day is the dormitory of Toyo university, called i-house, a place that let exchange students to live. Everyone in the i-house all has their own space, each double rooms have two small rooms in it, you can do anything you want in your independent space and will not affect another roommate. Also, cooking and laundry are available in each room in that there are kitchen, washing machine and dryer. However, it is a great pity that I only stay in i-house for only two weeks. Maybe more years later, when the dormitory of I-Shou university are going to be rebuild, construction company can build the similar one like i-house.

On the other hand, the environment of Toyo university is very comfortable, I enjoy

such a good time during this twelve days. Nevertheless, there is one thing make me very confuse : why the shape of the table is so strange in some classroom of Toyo university? The shape is not square , the shape is not rectangle, also the shape is not circle. The shape of the table in Toyo university is the shape combined with rectangle and triangle. To my way of thinking, it makes whole the classroom become more fashion. Moreover , it is worthwhile to note that all tables and chairs in Toyo university are have pulleys. When people want to remove them to different place , he or she can easier to move it without effort.

On the second day of Toyo Summer Program, we had a lecture in the morning, and the course is : Characteristics of the Japanese Language (Nihongo). Before the lecture was begun, the teacher introduced Toyo university first. After his illustration , I known that Toyo university is the school which was established one-hundred and thirty years ago. And literature is the strength of this school. Later , teacher divided whole the students in the classroom into ten groups. And we introduced ourselves to our group members. There were eight members in my group, besides the students' from I-Shou university, the group also have a student from Shin Chien University. And the most impressive one for me is from Germany. When everyone finished their self-introduction , I have a certain understanding of everyone. For instance, the student from Germany is major in economic and live in Frankfurt, reading is one of his habit in his daily life. And then , the lecture was starting. Teacher introduced the origin of Japanese in the first and told us that what' s the different between English, Japanese and Chinese. She let me realized that Chinese has four tones, but in Japanese , it only has two tones. It made me feel very shocked, because I still cannot get over the fact that only two tones can be a language and there are so many people use Japanese to talk all around the world. Now I finally understand why many people say that Chinese is the most difficult language to learn in the world.

In the evening, we went to Ikebukuro Life Safety Learning Center to learn how to avoid fire , how to save our own skin during earthquake , how strong the wind and rain during typhoon , how to use fire extinguisher , and so on. It is necessary to learn and experience all of this because Taiwan and Japan are on the seismic belt , we don' t know when does the earthquake happen or when does the accident occurred. In the museum , I used fire extinguisher to put out a fire and the most impressive one was to experience an earthquake measuring 7 on Richter Scale hit the bonder between Eurasian plate and Philippine Sea Plate in the afternoon. The narrator asked us to hold on the leg of table and hide under the table in order to avoid something is drop out. Before this experience, I have never thought that an earthquake measuring 7 on Richter Scale is so destructive that anything on the shelf are almost drop out and scattered on the floor. It' s really a useful experience for me.

Later we had a field trip to Asakusa, a Japanese shrine, which construction is traditional and it is a famous tourist spot for every tourists. We walked from Ikebukuro Life Safety Learning Center to Asakusa. As a result of the weather at that

day was very bad , our shoes was so wet that could feed some fish. Yet , it didn' t drain my enthusiastic , I am still interested in visiting heritage. When we arrived at Asakusa, a big lantern ,which was at the gate, caught my eyes and I took some pictures with my friends immediately. No matter how the heavy rain was. Through the gate, there was a street , I saw many Japanese traditional trinkets and food there. Also, there were many shop have the service about rent kimono ,you can have a kimono experience in there. Unfortunately , due to the heavy rain , I didn' t have kimono experience in Asakusa. Hope the next time I go to Asakusa can have the chance to experience it. After the student of Toyo university explained, I known that Asakusa is the oldest shrine in Tokyo.

On the third day of Toyo university , we also had a lecture in the morning , today' s lesson is to talk about Japanese culture. Teacher introduced many culture and custom such as sumo ,the etiquette in the Izakaya with boss ,anime, the famous movies in Japan ,and so on. In today' s lesson sumo is my favorite. In my opinion, sumo is the most distinctive sport in Japan ,in spite of the fact that it is spread to the United States. Fortunately ,it was very pleasure that I known the new friend ,named Phone Lin who was from Myanmar and studied in Thailand. We were the team mate in this class and discussing about Japanese culture in the first. Then ,we began to share the culture of our home town . I was curious about Phone Lin' s name. In the first ,I considered that his name was 林鳳 , but he said it was his Myanmar' s name , his Chinese name was 陳保羅. Very interestingly, Burmese doesn' t have family name ,parents in Myanmar can named their children according to their own preferences. Therefore ,you can see somebody' s name have four, five or more words and doesn' t have family name. It is possible that there are two or three or more Paul in one class ,but in Myanmar their name can tell gender. Through this discussion, it let me have more understanding about Myanmar. This is a great experience for me.

In the evening, we had a field trip to CupNoodles Museum, Yokohama, to learn the Japanese Corporate Culture and Food Culture. In the museum ,we had a chance to made a cupnoodle by ourselves ,also the bag to brought the noodle was designed on our own.

At night , my friends and I went to sky tree, a new landmark in Tokyo in recent years. Sky tree is a good tourist attractions that we can take many photos ,each place is the good place to strike a post. We took the elevator to three-hundred and fifty floor ,where the scenic overlook is located. Besides ,there are four elevators in sky tree. Spring , summer, autumn and winter respectively. I had taken spring and autumn one. In the elevator of spring, you can see the wonderful light show that was about spring and the pattern of light is flower. Because of that it makes me very exciting to arrived at the three-hundred and fifty floor. When the lift-door was opened , I heard some music as if the concert was held . To me, it is marvelous that seeing the night view with the music played in quick rhythm. It' s ten o' clock exactly. So it' s the time to go back to i-house and we end today' s itinerary. Although it is exhausted today ,everyone is still enjoy today' s itinerary.

During this twelve days , I have too much special experience than ever before . We are not only having a field trip in Japan but also learning something in classroom or museum.

When it comes to experiencing difference culture, I am quite fascinate by making sushi by myself and going to Ninben to recognize fire wood piece. I made a sushi roll in Chiba, which pattern is butterfly ,it' s a special experience for me . To my surprised , the teacher who taught us to make sushi roll can make a amount of different patterns like maple Leaf and plum flower. That day ,our launch is korokke and miso soup which are made from green soy bean that is from the place noted for the product. Of course ,our sushi roll is our launch as well. When I see sushi ,it let me think that in Taiwan we have the similar one called spring roll . We put much things in the wrapper like carrot , cabbage , peanut powder with sugar , sausage , and so on . But spring roll cannot make different patterns. Maybe next time I can try to do something special to make spring rolls, a traditional Taiwanese food , become not just to eat but also to watch.

Another one which is fascinated to me is to visit Ninben , Ninben is the company that produce the firewood pieces. In the first , the boss divided the fish into 8 parts and introduce the fish for us. Interestingly , we can' t understand what the boss say because the boss is say Japanese so the boss use kanji to communicate with us. Although kanji cannot express such clearly like English , we still can understand what should the boss want to talk to us. After this matter , it let me know that Chinese is as important as English. In other words , language is a useful tool in this global village .Because I can say this language, I can have more opportunities. The more language I can say, the more chance I can have.

In the end of Toyo Summer Program, there are four students who study in Toyo university came to share their life in Japan . These four students are from China , Vietnam ,Philippine and Iran respectively. I was so shocked by the student who is from Iran can speak Japanese fluently, I couldn't believe my ears. And the student from Vietnam holds great composure on stage. Therefore ,his English speech is great. He is fully expressed his life in Japan and share a variety of things about his life to let us know how amazing his life is. After they finished their presentation, we have enough time to communicate with each other. I have a brief conversation with the student who was from China and learn a lot of things from him. His English speaking is fluent and he has a lot of his own ideas, I think it's great. I hope that I can be as brilliant as him in the future. After communicate with students who were from different countries, we had a presentation with our team mates to share our ideas about this twelve days. Luckily, one of my team mates was from Germany. There were two themes to choose from: one was the impressive experiences in Toyo Summer Program ,and another one was What 's the real attractiveness about Japan? After everyone's discussion, we decided to choose the first theme to beginning and the second theme to the end. It was a very rare chance to have a English presentation

in foreign country with foreigner from discussion to share our ideas. Every group had different content and by today' s presentation ,it let me learn more about Japanese culture. In the near future ,I think I will miss the guys who I met in this twelve days and come back to Japan again.

Time flies when you' re having fun. In this twelve days , I experience different cultural, make so many friends and find the motive for me to move forward. In the future , I must spare no effort to do everything and faces the challenge bravely. Going to Toyo Summer Program was really benefit a lot to me and I won' t back down from now on. Eventually , I want to thanks I-Shou university for giving me a chance again.